



The San Bruno Parks & Recreation Services Department is committed to providing quality programs and services to benefit the health and well-being of the community.

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Creating Community through People, Parks and Programs

WE strengthen community image and sense of place

WE support economic development

WE strengthen safety and security

WE promote health and wellness

WE foster human development

WE increase cultural unity

WE protect environmental resources

WE provide recreational experiences

WE facilitate community problem solving

To get your own copy of the profession's strategic plan, visit CPRS' website at www.cprs.org

Class Locations

Allen School: 875 W. Angus Belle Air Community Center: 400 3rd Avenue Cahill's Judo Academy: 635 San Mateo Avenue Forest Hill Christian Church: 250 Laguna Honda Blvd. SF Bellafatto Gym: 1111 Arguello Street, Redwood City Dojo USA: 731 Kains Avenue, San Bruno Grundy Park: Cherry & Park Avenues Ice Center: 2202 Bridgepointe Parkway, San Mateo Millbrae Recreation Center: 477 Lincoln Circle, Millbrae Monte Verde Elem. School: 2551 St. Cloud Drive Planet Granite: 100 El Camino Real, Belmont Portola Elem. School: Amador & Lake Drive Veterans Memorial Recreation Center: City Park -251 City Park Way (Crystal Springs @ Oak Ave.) SSF Municipal Building, 33 Arroyo Drive, SSF Tanforan Professional Center: 1405 B Huntington, So. San Francisco

67th Annual Posy Parade Sunday, June 3, 2007

Parade begins on San Mateo Avenue and ends in San Bruno City Park. For additional information, contact the San Bruno Chamber of Commerce at 650-588-0180.

GENERAL INFORMATION

San Bruno City Council

Larry Franzella, Mayor Ken Ibarra, Vice Mayor Rico E . Medina, City Council Member Irene O'Connell, City Council Member Jim Ruane, City Council Member

Connie Jackson, City Manager

The City Council meets the 2nd & 4th Tuesdays of each month at 7:00pm. Council meetings are held at the San Bruno Senior Center.

Parks & Recreation Commission

Tom Lara, Chair
Lucy Zamattia, Vice Chair
Theresa Cook
Laura Davis
Lorry Greenberg
David Nigel
Greg Pierce
Bob Stanton
Amanda Estelita, Youth Representative

The Parks & Recreation Commission meets the $3^{\rm rd}$ Wednesday of each month at 6:30pm. Commission Meetings are held at San Bruno City Hall, Room #115.

Parks & Recreation Services Staff

Bill Frisbie, Interim Parks & Recreation Services Director Wendy Mines, Recreation Services Manager Danielle Brewer, Recreation Services Manager Dave Perazzo, Parks Services Manager Mary Tessier, Recreation Services Supervisor Jennie Tucker, Recreation Services Supervisor Dee Fabela, Recreation Services Supervisor Ken Riley, Parks Field Supervisor Jeff Madonich, Parks Field Supervisor Pamela Arnold, Executive Assistant Jackie Mattias, Secretary Gloria Deeter, Nutrition Manager Susan McCaman, Social Services Coordinator

Office Locations:

Veterans Memorial Recreation Center

251 City Park Way Phone: (650) 616-7180 Fax: (650) 583-2545 Business Hours

Monday - Thursday 8:00am - 9:00pm Friday 8:00am - 5:00pm Saturday & Sunday 9:00am - 1:00pm

San Bruno Park Pool 201 City Park Way

Phone: (650) 616-7191 (After September 16)

Mailing Address

567 El Camino Real San Bruno, CA 94066

Parks Division

1125 Crystal Springs Avenue Phone: (650) 616-7195 Fax: (650) 225-9314

Senior Center

1555 Crystal Springs Road Phone: (650) 616-7150 Fax: (650) 589-8219 Business Hours Monday - Friday 8:00am - 4:00pm

Field Condition Hotline

(650) 616-7188

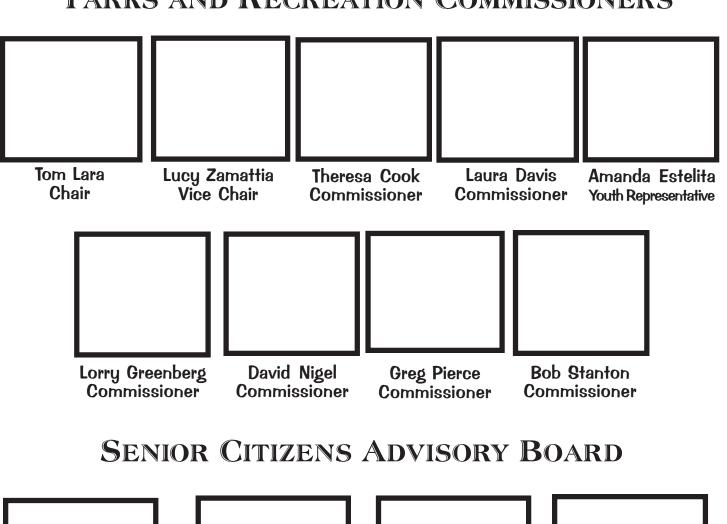
Website

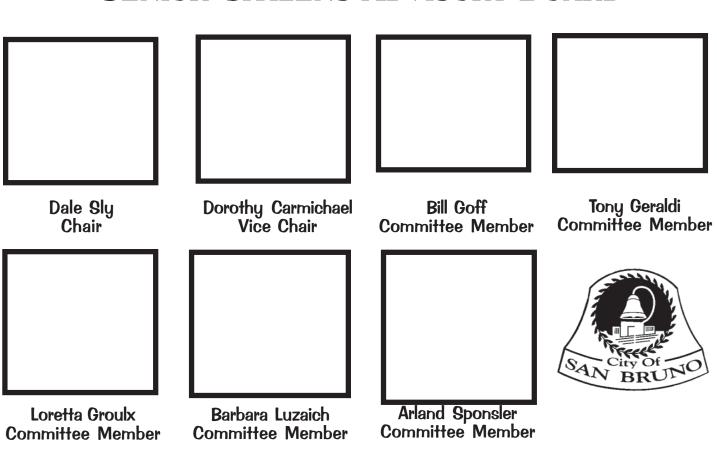
www.sanbruno.ca.gov

Youth Enhancement Scholarship Program for Recreation Programs & Services

This scholarship fund is designed for youth ages 17 and under who are San Bruno Residents seeking financial assistance for recreation programs and activities. For additional information, please contact Danielle at the San Bruno Parks & Recreation Services Department at 650-616-7182. Proof of residency is required at time of application.

PARKS AND RECREATION COMMISSIONERS





PICNIC SITE RENTAL INFORMATION

San Bruno City Park Areas

Small Areas (Areas 1-6 & 9-11): \$85 Resident, \$165 Non-resident (Per Site - March 1-October 31)

\$40 Resident, \$85 Non-resident (Per Site - November 1-February 29)

Medium Areas (Areas 7 & 12): \$95 Resident, \$190 Non-resident (Per Site - March 1-October 31)

\$50 Resident, \$95 Non-resident (Per Site - November 1-February 29)

Large Area: (Beckner Shelter): \$300 Resident, \$600 Non-resident (March 1-October 31)

\$150 Resident, \$300 Non-resident (November 1-February 29)

Commodore Park Rental Areas

Small Areas (Areas 1-3): \$85 Resident, \$165 Non-resident (Per Site - March 1-October 31) \$40 Resident, \$85 Non-resident (Per Site - November 1-February 29)

Grundy Park Rental Areas

Small Area (Area 1): \$85 Resident, \$165 Non-resident (Per Site - March 1-October 31)

\$40 Resident, \$85 Non-resident (Per Site - November 1-February 29)

FACILITY INFORMATION

Facilities are available for reservation at the San Bruno Veterans Memorial Recreation Center and San Bruno City Park. Apply in person at the Recreation Center Office located in San Bruno City Park, 251 City Park Way, Monday through Thursday from 8:30am to 8:30pm, Friday from 8:30am to 4:30pm, and Saturday & Sunday from 9:30am to 12:30pm. For further information, call (650) 616-7180.



Meeting Room Rental Fees

(1st four hours): \$284 Resident, \$558 Non-resident (each additional hour): \$74 Resident, \$148 Non-resident (cleaning/security deposit): \$400

1/2 Meeting Room Rental Fees

(1st four hours): \$142 Resident, \$279 Non-resident (each additional hour): \$37 Resident, \$74 Non-resident

(cleaning/security deposit): \$200

Gymnasium Rental Fees

(Per Hour): \$95 Resident, \$190 Non-resident (cleaning/security deposit): \$100

Conference Room Rental Fees

(1st three hours): \$45 Resident (each additional hour): \$14 Resident (cleaning/security deposit): \$100

San Bruno Senior Center

Nestled in the natural setting of San Bruno Park, the San Bruno Senior Center offers nearly 5,000 square feet of floor space in the multipurpose room along with a spacious kitchen. Reservations must be made at the Senior Center, Monday through Friday from 8:30am-3:30pm. For further information, call Wendy Mines, Recreation Services Manager, at (650) 616-7151.

PARK INFORMATION

		Acres	5
Bayshore Circle Park	N. Bayshore Circle	1	
Belle Air Field/Lions Park	S. End 1 st & 3 rd Aves.	3	◆ → ↑ ↑ ↑
Buckeye Park	Rosewood Dr. near Madison Ave.	7	金原命会
Catalpa Tot Lot	Catalpa @ Toyon Ways	1/2	
City Park	Crystal Springs @ Oak Aves.	31	一十十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十
Commodore Park	Commodore Dr. @ Cherry Ave.	4	◆前羹 爾 馬 魚 🏠
Crestmoor High Athletic Fields	Top of Courtland Dr.	12	
Earl & Glenview Park	Earl Ave. @ Glenview Dr.	2	1
Fleetwood Tot Lot	Fleetwood near Rollingwood Drs.	1/2	
Forest Lane Park	Forest Ln. @ Green Ave.	4	
Grundy Park	Cherry & Park Aves.	4	是皇帝 · · · · · · · · · · · · · · · · · · ·
Herman Tot Lot	Diamond & Herman Sts.	1/4	A FR
Lomita Park	500 San Anselmo Ave.	1/4	部戶和
Monte Verde Park	Oakmont @ Evergreen Drs.	5	高
Pacific Heights Park	Longview @ Goodwin Drs.	5	
Ponderosa Park	Pacific Heights Blvd. @ Seacliff Way	4	戸から
Posy Park	San Mateo @ Huntington Aves.	1/4	R R
7 th Ave. Park	7th @ Angus.	1/2	福 早春
7 th & Walnut	7th @ Walnut Aves.	1	



The City of San Bruno invites you to visit our

Dog Exercise Area

located at

Commodore Park



Dogs are not allowed in <u>any</u> of our City parks by ordinance, so please visit an area designed specifically for them. The Commodore Dog Exercise Area is located in Commodore Park at the east end of Commodore Drive and is open 7 days a week. Driving directions are below:

I-280 Southbound:

- Exit Sneath Lane
- Turn right at the signal light on to Sneath Lane
- ◆ Turn right at the second signal light on to Cherry Ave
- Turn left at the stop sign on to Commodore
- ◆ The dog park is at the end of the block on the right

I-280 Northbound

- Exit San Bruno Ave/Sneath Lane
- Continue straight to the second signal light
- ◆ Turn right at the signal light on to Sneath Lane
- ◆ Turn right at the second signal light on to Cherry Ave
- Turn left at the stop sign on to Commodore
- ◆ The dog park is at the end of the block on the right

North and Southbound on El Camino Real

- Turn West on Sneath Lane
- Turn left on Cherry Ave
- ◆ Turn left at the stop sign on to Commodore
- The dog park is at the end of the block on the right

If you have any additional questions, please contact us at:



SAN BRUNO PARKS & RECREATION SERVICES DEPARTMENT

251 City Park Way Phone (650) 616-7180 mail: 567 El Camino Real San Bruno, Ca 94066

Summer Reading Sign-ups Start on June 18th!



Get a Clue @ the Library

Weekly Events



WILD THINGS INC. Wednesday, June 27 @ 3:00 p.m.

VOICE OF THE WOODS Tuesday, July 3 @ 3:00 p.m.

CSI: SAN BRUNO (S.B.P.D.) Wednesday, July 11 @ 3:00 p.m.

SWAZZLE PUPPET SHOW Wednesday, July 18 @ 3:00 p.m.

GARY LAPOW (Musician) Wednesday, July 25 @ 3:00 p.m.

BRIAN SCOTT (Magician) Wednesday, August 1 @ 3:00 p.m.

ANNUAL SUMMER READING ICE CREAM PARTY

Wednesday, August 1 @ 4:00 p.m.



for more information call the Unitaren's Department of the San Bruno Library

701 Angus Avenue West, San Bruno, CA 94066



650.616.7078

www.sanbrunolibrary.org





SPECIAL EVENTS



Friday Evenings 6:00pm in San Bruno City Park

The Sun Kings August 3

THE RIP TIDES August 10

August 17 Aja Vu

D5 August 24

August 31 Big Rain

September 7 West Bay Rhythm

Beatles Tribute

Classic 60's/Surf Rock

Steely Dan

Classic Rock

Country Blues Crossover

Funk and Soul

Join us for the 5th Annual San Bruno Community Night at AT&T Park

Friday, September 7 San Francisco Giants take on the Los Angeles Dodgers 7:15 pm Game Time Tickets: \$30 each (Bleachers)

Show your team spirit by getting a group of people together and cheering on the Giants! Tickets available beginning April 1st at the San Bruno Recreation Center.

For additional information, contact 616-7183.

San Bruno Junior Giants Summer Baseball League

Boys & Girls 7-9 years old 10-12 years old Sign-Ups Sunday, May 6 & May 20

10:00am to 1:00pm @

Veteran's Memorial Recreation Center Sponsored by the San Francisco Giants. Must be in the age group by August 1st. Bring copy of child's birth certificate to registration.

Questions? Call Lorry Greenberg -(650)873-0856

SPECIAL EVENTS

Pre School Open Gym

This is a non-instructional, supervised play work-out for children 1-5 years of age. Participants register at the door for \$5. Parents, guardians, or daycare providers must stay and participate with their children. Toddlers under 12 months are not charged and may attend with paying brother/sister/daycare groups. Activities and equipment include: hula hoops, balls, jump ropes, mats & wedges, hippity hops and more! No open gym 5/28 & 9/3.

When: Mondays (ongoing) Time: 11am-12:30pm

Where: San Brun'o Recreation Center Gym

Instructor: Janet Monaghan

Cost: \$5 per participant, 1-5 years old, or you can

purchase a gym pass for \$46 for 11 uses For more information, contact Dee at 616-7183.

After Summer School Day Camp at Allen!

The San Bruno Parks and Recreation Services Department is offering a NEW After School Summer Day Camp program at Allen Elementary School! Our on-site Recreation Leaders will offer a variety of activities such as arts & crafts, outdoor/indoor games, music & drama, special events, and more! A four-week schedule will be available on the first day of camp. Each day, campers should bring a bag lunch, wear tennis shoes and a sweatshirt. Please make sure all items are clearly labeled with the camper's name. Participants must have a Health Information Form on file PRIOR to participation in camp. Additional program information will also be available on the first day of camp. The camp program fees include, staff supervision, program supplies, afternoon snack, and a camp t-shirt. Refunds or pro-rated fees are not available for those who miss any portion of the camp program. Sorry, no weekly or daily drop-in rates are available. A minimum number of participants are required to run this program. No camp 7/4. For youth entering 1st grade to youth leaving 6th grade.

Cost: \$420 Register by 5/10 and receive a \$20 discount

Location: Allen Elementary School Instructors: Recreation Camp Staff

Day/Time: Mon-Fri, 12:30-6pm (immediately following summer school)

3617.301 Mon-Fri 6/25-7/20

WATER SAFETY AID

Ready to learn the skills needed to get a good paying job when you turn 15? Become a Water Safety Aid (WSA) and gain valuable volunteer experience and job skills. WSA's are volunteers who want to work with children and learn how to teach swimming lessons. Participants assist with swimming lessons after committing to a schedule for the summer.

PREREQUISITES: Completion of American Red Cross Level 4.

Minimum age is 13 years old.

TO APPLY: Complete a Volunteer Application. Applications may be obtained and returned to the Parks and Recreation Services Department. For more information call 616-7184.

SUMMER PLAYGROUND PROGRAM

Summer fun begins with a FREE drop-in playground program at the Belle Air Firehouse. Kids will enjoy supervised activities on site including arts and crafts, sports, special events and game playing. All participants must have a Health Information Form on file at the site to participate. Form is on page 41 of this brochure. Please have your child bring it on the first day of the program. (No program 7/4.) Open to children ages 6-11 years.

Cost: Free

Instructor: Recreation Staff

Location: Belle Air Firehouse @ Lion's Field

Days/Time: Mon.-Fri., 1:00-4:00pm

Dates: 6/25-7/27

Leaders in Training (L.I.T.)

Leaders in Training are young people who would like to gain experience leading children in activities such as sports and games, arts and crafts, field trips and more. L.I.T.'s will work closely with day camp leaders to learn the skills of working with children, leading activities and problem solving. L.I.T's must be at least 13 years of age and exhibit maturity to work with children in a leadership role.

Pre-requisite: Potential L.I.T's must complete volunteer application and interview for the position. Applications can be obtained and turned in at the War Memorial Recreation Center in San Bruno City Park. For more information, contact Danielle, Recreation Services Manager, at 650-616-7182. No camp 7/4.

Cost: \$20 per session

Code: Session 1 Session 2 Session 3 Session 4 Session 5 Session 6 Session 7 Session 8 Session 9	4602.301 4602.302 4602.303 4602.304 4602.305 4602.306 4602.307 4602.308 4602.309	6/18-6/22 6/25-6/29 7/2-7/6 7/9-7/13 7/16-7/20 7/23-7/27 7/30-8/3 8/6-8/10 8/13-8/17
Session 10	4602.310	8/20-8/24

Mini Kaleidoscope

Ages 4-5 years

Mini Kaleidoscope campers...get ready for some fun!!! Campers will explore the thrill and fascination of exploring the world around them. Children will enjoy arts & crafts, games, camp songs, special events, wild life animal presentations, magic shows, and more. Activities for each week will be focused around a special theme. A weekly schedule will be distributed to each camper on the first day of each session. Morning or full day sessions are available to children ages 4-5 years old. Children should bring a bag lunch every day unless otherwise noted on the session schedule. Participants must have Health Information Form on file PRIOR to participation in camp. Extended care available. No camp 7/4.

Cost: Varies (See below for session pricing and special offers)

Location: San Bruno City Park, Tots Room

Leaders: Recreation Staff

Cost Includes: Camp T-shirt, •

Friday BBQ, and all supplies!

MORNING SESSION ONLY

Cost: \$73 Resident, \$88 Non-resident \$60 Resident, \$75 Non-resident (Session 3 only) Morning Session 1 2600.301 M-F 10am-1pm 6/18-6/22 Mornina Session 2

2600.302 6/25-6/29 M-F 10am-1pm Morning Session 3 (No camp 7/4) 2600.303 M-F 10am-1pm 7/2-7/6 Morning Session 4 2600.304 M-F 10am-1pm 7/9-7/13 Morning Session 5 2600.305 10am-1pm 7/16-7/20 M-F Morning Session 6 2600.306 M-F 10am-1pm 7/23-7/27 Morning Session 7 2600.307 M-F 7/30-8/3 10am-1pm Morning Session 8 2600.308 10am-1pm 8/6-8//10 Morning Session 9 2600.309 M-F 8/13-8/17 10am-1pm

Pre-register for all 10 sessions and receive a 15% discount! Morning Session Only

10am-1pm

\$584 Resident, \$719 Non-resident Code: 2600.311

M-F

Full Day Session

\$1025 Resident, \$1310 Non-resident

Code: 2601.311

Morning Session 10

2600.310

No Refunds Allowed for Individual Sessions.

Register before July 1 and receive 10% off your second child!

FULL DAY SESSION

Cost: \$131 Resident, \$146 Non-resident \$106 Resident, \$121 Non-resident (Session 3 only)

Full Day Session 1 2601.301 10am-4pm 6/18-6/22 Full Day Session 2 2601.302 M-F 6/25-6/29 10am-4pm Full Day Session 3 (No camp 7/4) 2601.303 M-F 10am-4pm 7/2-7/6 Full Day Session 4 2601.304 M-F 10am-4pm 7/9-7/13 Full Day Session 5 2601.305 10am-4pm 7/16-7/20 M-F Full Day Session 6 2601.306 M-F 10am-4pm 7/23-7/27 Full Day Session 7 2601.307 M-F 7/30-8/3 10am-4pm Full Day Session 8 2601.308 M-F 10am-4pm 8/6-8/10 Full Day Session 9 2601.309 M-F 10am-4pm 8/13-8/17 Full Day Session 10 2601.310 M-F 8/20-8/24

10am-4pm

8/20-8/24

Camp Kaleidoscope

Ages 6-10 years old (or entering 1st Grade)

Camp will offer youth, ages 6-11 years old, a wide range of activities that will keep them active during the summer months. There will be ten sessions of camp, each one week in length. Five sessions will have a featured field trip and five sessions will have a special event or a wild life animal presentation. All costs, including transportation by charter bus for the featured trip, are included in the cost of the camp program. Children will also enjoy activities such as arts & crafts, outdoor games, indoor games, music & drama, special events, cooking projects, BBQ's, bowling, movies, swimming, hiking, and much more. A schedule will be distributed the first day of each session. Children will be seperated into age groups. Each group will be assigned to a leader and a junior leader or leader in training. Each day, campers should bring a bag lunch, and wear tennis shoes and a sweatshirt. Please be sure all items are clearly labeled with the camper's name. Participants must have Health Information Form on file PRIOR to participation in camp. Extended care available. No camp 7/4.

Cost: Varies (See below for session pricing and special offers)

Location: San Bruno City Park Leaders: Recreation Staff

Cost Includes: Camp T-shirt, Friday BBQ, field trip fees, and all supplies!

REGULAR CAMP SESSION

3607.309

Cost: \$131 Resident, \$146 Non-resident \$106 Resident, \$121 Non-resident (Session 3 only)

Session 1			
3607.301	M-F	10am-4pm	6/18-6/22
Session 3 No	o Camp	7/4	
3607.303	M-F	10am-4pm	7/2-7/6
Session 5			
3607.305	M-F	10am-4pm	7/16-7/20
Session 7			
3607.307	M-F	10am-4pm	7/30-8/3
Session 9			

M-F

Pre-register for all 10 sessions and receive a 15% discount! \$1175 Resident, \$1308 Non-resident Code: 3607.311 No Refunds Allowed for Individual Sessions.

10am-4pm

8/13-8/17

FIELD TRIP CAMP SESSION

Cost: \$154 Resident, \$169 Non-resident

Session 2 - Pump It Up (Belmont) 3607.302 M-F 10am-4pm 6/25-6/29 Session 4 - Golfland (San Jose) 3607.304 M-F 10am-4pm 7/9-7/13 Session 6 - Newark Indoor Water Park 7/23-7/27 3607.306 M-F 10am-4pm Session 8 - Redwood City Roller Rink 3607.308 M-F 10am-4pm 8/6-8/10 Session 10 - Nickel City (San Jose) 3607.310 10am-4pm 8/20-8/24 M-F

Register before July 1 and receive 10% off your second child!

Daily Rates for Mini Kaleidoscope, Camp Kaleidoscope & Adventure Camp

\$44 per day non-resident (minimum 3 days)

Must be pre-registered five (5) days prior (Wednesday) to session start day.

No discounts apply

Adventure Camp

Ages 11-14 years

Come join the excitement of Adventure Camp with the San Bruno Parks and Recreation Services Department. Adventure Camp is designed for children who have outgrown day camp but are looking for fun during the summer. Field trips will include movies, bowling, ice skating, miniature golf, swimming, pizza parties, video game arcades, and featured trips such as Great America. Camp participants will meet in San Bruno City Park at the Rotary Pavilion area daily and will depart for field trips from there. Transportation for local trips will be by Sam Trans or walking. A schedule will be provided on the first day of each session. Participants must have a Health Information Form on file PRIOR to participation in camp. Extended care available. No Camp 7/4.

Cost: Varies (See below for session pricing and special offers)

Location: San Bruno City Park, Rotary Pavilion area

Leaders: Recreation Staff

Cost Includes: Camp T-shirt, Friday BBQ, field trip fees, and all supplies!

REGULAR CAMP SESSION

Cost: \$142 Resident, \$157 Non-resident \$113 Resident, \$128 Non-resident (**Session 3 only**)

Session 1

4600.301 6/18-6/22 M-F 10:00am-4:00pm Session 3 No Camp 7/4 4600.303 M-F 7/2-7/6 10:00am-4:00pm Session 5 4600.305 M-F 10:00am-4:00pm 7/16-7/20 Session 7 4600.307 M-F 10:00am-4:00pm 7/30-8/3 Session 9 8/13-8/17 4600.309 M-F 10:00am-4:00pm

Register before July 1 and receive 10% off your second child!

FIELD TRIP CAMP SESSION

Cost: \$168 Resident, \$183 Non-resident Session 2 - Pump It Up (Belmont) 4600.302 M-F 10:00am-4:00pm 6/25-6/29 Session 4 - Great America 4600.304 M-F 10:00am-4:00pm 7/9-7/13 Session 6 - Newark Water Park 7/23-7/27 4600.306 M-F 10:00am-4:00pm Session 8 - Redwood City Roller Rink M-F 8/6-8/10 4600.308 10:00am-4:00pm Session 10 - Nickel City (San Jose) 4600.310 10:00am-4:00pm 8/20-8/24 M-F

Pre-register for all 10 sessions and receive a 15% discount!
\$1217 Resident, \$1344 Non-resident Code: 4600.311
No Refunds Allowed for Individual Sessions.

Morning + Afternoon Camp Plus!

Extended Care is designed for parents who need additional care or for campers who just can't get enough camp. Campers will play games, make arts and crafts, and play at the park. Extended Care is open to children enrolled in Camp Kaleidoscope, Mini Kaleidoscope, and Adventure Camp. No Camp 7/4.

Cost: \$30 Residents, \$38 Non-residents

\$24 Resident, \$30 Non-resident (Session 3 only)

Location: San Bruno City Park, Teen Room

Leaders: Recreation Staff

Eddict 3. Noot dation a batt							
Pre-register for all 10 sessions and receive a 15% discount. \$243 Resident, \$303 Non-res							
Code: 3606 Code: 3606	ay & session) on-resident						
	Morning Extended 7:	30-10am	Afternoon Ex	ctended 4-6pm			
Session 1	3608.301 6/18-0	6/22	3606.301	6/18-6/22			
Session 2	3608.302 6/25-	6/29	3606.302	6/25-6/29			
Session 3	3608.303 7/2-7/	6	3606.303	7/2-7/6			
Session 4	3608.304 7/9-7	/13	3606.304	7/9-7/13			
Session 5	3608.305 7/16-7	1/20	3606.305	7/16-7/20			



Schedules and Programs!

Swimming Pool Phone Number (650) 616-7191

2007 Season: June 16 - September 20

The San Bruno City Park Pool is located at Crystal Springs and Oak Avenues in San Bruno City Park, adjacent to the Veteran's Memorial Building. The pool is an "L" shape, 25x20 yards, 3 to 10 feet deep, and heated to approximately 83 degrees. The facility also has a toddler pool approximately 1 foot deep. Each child utilizing the toddler pool must be accompanied and directly supervised by a paying adult. If special assistance is needed, please notify the Pool Staff. No floatation devices of any kind are allowed.

LAP SWIM HOURS (ALL SWIMMERS MUST SWIM LAPS)

Swimming is one of the best "overall" total body workouts you can do to tone muscles, ease tension, reduce stress and lose weight. Lap lanes are available during below listed lap swim hours. Swimmers must swim laps.

June 16 - September 20

Monday-Thursday 8:15pm-9:15pm Saturday & Sunday 11:15am-12:45pm (No PM Lap Swim 7/12 & 8/16)

June 18 - August 23

Monday-Thursday 6:30am-8:00am

FEES:

Drop In

10 Swim Punch Pass \$35 Resident, \$38 Non-resident Season Lap Swim Pass \$196 Resident, \$211 Non-resident

All lap swim passes and water aerobic passes issued in 2007 must be used during the 2007 swim season.

WATER AEROBICS

Come get a zero - low impact workout at your own pace. Instructors teach exercises for all abilities. All participants able to stand comfortably in 4 feet of water are welcome. This is a structured class. No recreation swimming is allowed. Ages 12 & over.

June 11 - September 20

7:00pm-8:00pm Monday-Thursday 7:55am-8:55am Saturday

(No PM Class 7/12 & 8/16)

June 18 - August 24

Monday - Friday 8:10am-9:10am

FEES:

Drop-In: \$4.50

10 Use Punch Pass: \$40 Resident, \$42 Non-resident Season Pass: \$225 Resident, \$240 Non-resident

RECREATIONAL SWIMMING

Recreational swim is open to people of all ages. Children 10 years and younger must be under the supervision of a paying adult, 18 years of age or older. All patrons entering pool area must pay fee.

June 16 - August 26

Monday-Thursday 12:30pm-3:30pm Friday, Saturday & Sunday 1:00pm-4:00pm

September 1 - September 16

Saturday & Sunday 1:00pm-4:00pm

FEES:

0-2 years: Free 3-54: \$3 55-over \$2.50 Family (up to 5 people): \$12 25 Use Punch Pass: \$62.50 50 Use Punch Pass: \$125 Recreation Swim Season Pass: \$280 Resident, \$295 Non-resident

JULY 4TH & LABOR DAY SCHEDULE

Water Aerobics 10:00am-11:00am Lap Swim 11:15am-12:45pm 1:00pm-4:00pm Recreation Swim

SWIMMING POOL RENTAL

The Swimming Pool is available for private parties on Fridays, Saturdays and Sundays during the season from 4:30pm to 6:30pm. Apply in person at the Recreation Center Office. For further information, call (650) 616-7180.

JULY IS PARKS AND RECREATION MONTH!

FREE SWIM DAY!

Saturday, July 28 1:00 pm - 4:00 pm

Join the San Bruno Park Pool Staff for a free swim in honor of Parks and Recreation Month.

Swimming Lessons:

\$ 54 Resident, \$ 6 8 Non-resident (Mon.-Thurs. Lessons- 8 Lessons) \$ 3 3 Resident, \$ 41 Non-resident (Sat. Lessons - 4 Lessons) *\$ 47 Resident. \$ 5 9 Non-resident (Session 3 & Session 7)

This summer, the San Bruno Parks and Recreation Department is offering multiple options for swimming lessons. Group swim lessons will consist of eight half hour swim lessons in groups of up to six children with one teacher. Saturday lessons will consist of four half hour swim lessons in groups of up to six children. Private swim lessons will consist of four half hour lessons with one child and one teacher. If you have any questions regarding the lessons, feel free to call Jennie Tucker, Recreation Services Supervisor, at 650-616-7184 or after June 17, call San Bruno Park Pool at 650-616-7191.

LESSONS FOR 6 MONTHS TO 5-YEAR OLDS PRE-TINY TOTS (PARENT/GUARDIAN INVOLVEMENT MANDATORY)

The Pre-Tiny Tot class is designed for children 6 - 36 months (6 months to 3 years) and their parent/adult. This class is held in the big pool and will teach adults basic water adjustment and safety skills for their children. This is an orientation to swim lessons. No class 7/4 & 9/3.

Days	Times	Session 1 6/4-6/14	Session 2 6/18-6/28	Session 3* 7/2-7/12	Session 4 7/16-7/26	Session 5 7/30-8/9	Session 6 8/13-8/23
M-Th	11:15-11:45am		1401.302	1401.303	1401.304	1401.305	1401.306
M-Th	5:45-6:15pm	1402.301	1402,302	1402.303	1402.304	1402.305	1402.306

Days	Times	Session 7* 8/27-9/6	Session 8 9/10-9/20
M-Th	5:45-6:15pm	1401.307	1401.308

Days				Session 3 8/11-9/1
Sat	10:00-10:30am	1403.301	1403.302	1403.303
Sat	10:30-11:00 am	1404.301	1404.302	1404.303

TINY TOTS (NO PARENT/GUARDIAN INVOLVEMENT)

The Tiny Tots classes are for children comfortable in a structured class setting with no parent involvement. This entrylevel class is taught primarily in 1 foot of water and will teach the toddlers to become comfortable in the water. Ages 3-4 years. No class 7/4 & 9/3.

Days	Times	Session 1 6/4-6/14	Session 2 6/18-6/28	Session 3* 7/2-7/12	Session 4 7/16-7/26	Session 5 7/30-8/9	Session 6 8/13-8/23
M-Th	10:45-11:15am		1501.302	1501.303	1501.304	1501.305	1501.306
M-Th	11:45am-12:15pm		1502.302	1502.303	1502.304	1502.305	1502.306
M-Th	3:45-4:15pm		1503.302	1503.303	1503.304	1503.305	1503.306
M-Th	4:45-5:15pm	1504.301	1504.302	1504.303	1504.304	1504.305	1504.306
M-Th	5:15-5:45pm	1505.301	1505.302	1505.303	1505.304	1505.305	1505.306

Days	Times	Session 7* 8/27-9/6	Session 8 9/10-9/20	
M-Th	4:45-5:15pm	1501.307	1501.308	
M-Th	5:15-5:45pm	1502.307	1502.308	

Days			Session 2 7/14-8/4	Session 3 8/11-9/1
Sat	9:30-10:00 am	1506.301	1506.302	1506.303
Sat	10:00-10:30am	1507.301	1507.302	1507.303
Sat	10:30-11:00 am	1508.301	1508.302	1508.303









Swimming Lessons:

\$ 54 Resident, \$ 6 8 Non-resident (Mon.-Thurs, Lessons- 8 Lessons) \$33 Resident, \$41 Non-resident (Sat. Lessons - 4 Lessons) *\$47 Resident, \$59 Non-resident (Session 3 & Session 7)

LESSONS FOR 6 MONTHS TO 5-YEAR OLDS

SUPER TINY TOTS (NO PARENT/GUARDIAN INVOLVEMENT)

This class is designed for children ages 3-4 years old who are already comfortable in the water and can completely submerge their head under water. This class will be taught in the big pool. Children must have completed the Tiny Tot level and be comfortable in the big pool prior to enrolling. This is a perfect class for toddlers that can swim on their own, but are too young for the Level 1 class. No class 7/4 & 9/3.

Days	Times	Session 1	Session 2	Session 3*	Session 4	Session 5	Session 6
		6/4-6/14	6/18-6/28	7/2-7/12	7/16-7/26	7/30-8/9	8/13-8/23
M-Th	9:15-9:45am		1601.302	1601.303	1601.304	1601.305	1601.306
M-Th	11:15-11:45am		1602.302	1602.303	1602.304	1602.305	1602.306
M-Th	5:45-6:15pm	1603.301	1603.302	1603.303	1603.304	1603.305	1603.306
M-Th	6:15-6:45pm	1604.301	1604.302	1604.303	1604.304	1604.305	1604.306

Days	Times	Session 7* 8/27-9/6	Session 8 9/10-9/20	
M-Th	5:45-6:15 pm	1601.307	1601.308	
M-Th	6:15-6:45pm	1602.307	1602.308	

Days		Session 1 6/16-7/7	Session 2 7/14-8/4	Session 3 8/11-9/1
Sat	9:00-9:30am	1605.301	1605.302	1605.303
Sat	9:30-10:00am	1606.301	1606.302	1606.303

LESSONS FOR AGES 4 & UP

LEVEL 1: WATER EXPLORATION

Prerequisite: 4 years old. At this level, students will learn to put their face in the water and enjoy the water safely. To pass this level, children must swim 5 yards independently. The course is taught primarily in the 3 ½ foot area of the pool. Ages 4 - 11 years. (We recommend beginners 12 and older schedule an Adult Lesson or Private Lesson.) No classs 7/4 & 9/3.

Days	Times	Session 1	Session 2	Session 3*	Session 4	Session 5	Session 6
		6/4-6/14	6/18-6/28	7/2-7/12	7/16-7/26	7/30-8/9	8/13-8/23
M-Th	9:15-9:45am		0101.302	0101.303	0101.304	0101.305	0101.306
M-Th	9:45-10:15am		0102.302	0102.303	0102.304	0102.305	0102.306
M-Th	10:15-10:45am		0103.302	0103.303	0103.304	0103.305	0103.306
M-Th	10:45-11:15am		0104.302	0104.303	0104.304	0104.305	0104.306
M-Th	11:45am-12:15pm		0105.302	0105.303	0105.304	0105.305	0105.306
M-Th	3:45-4:15pm	<i>\////////</i>	0106.302	0106.303	0106.304	0106.305	0106.306
M-Th	4:15-4:45pm	0107.301	0107.302	0107.303	0107.304	0107.305	0107.306
M-Th	4:45-5:15pm	0108.301	0108.302	0108.303	0108.304	0108.305	0108.306
M-Th	5:15-5:45pm	0109.301	0109.302	0109.303	0109.304	0109.305	0109.306
M-Th	6:15-6:45pm	0110.301	0110.302	0110.303	0110.304	0110.305	0110.306

Days	Times	Session 7* 8/27-9/6	Session 8 9/10-9/20	
M-Th	4:45-5:15 pm	0101.307	0101.308	
M-Th	5:15-5:45 pm	0102.307	0102.308	
M-Th	6:15-6:45pm	0103.307	0103.308	

	Days			Session 2 7/14-8/4	Session 3 8/11-9/1
ı	Sat	9:00-9:30 am	0111.301	0111.302	0111.303
	Sat	10:00-10:30 am	0112.301	0112.302	0112.302
1	Sat	10:30-11:00am	0113.301	0113.302	0113.303



Swimming Lessons:

\$ 54 Resident, \$ 6 8 Non-resident (Mon.-Thurs. Lessons- 8 Lessons) \$ 3 3 Resident, \$ 41 Non-resident (Sat. Lessons - 4 Lessons) *\$ 47 Resident, \$ 5 9 Non-resident (Session 3 & Session 7)

LESSONS FOR AGES 4 & UP

LEVEL 2: PRIMARY SKILLS

Prerequisite: Completion of Level 1 or can swim 5 yards on their own. To pass this level, students must swim 20 yards of front crawl and 20 yard of back crawl. This class is often repeated. Ages 4 - over. No class 7/4 &9/3.

Days	Times	Session 1	Session 2	Session 3*	Session 4	Session 5	Session 6
		6/4-6/14	6/18-6/28	7/2-7/12	7/16-7/26	7/30-8/9	<i>8/</i> 13- <i>8/</i> 23
M-Th	9:45-10:15am		0201.302	0201.303	0201.304	0201.305	0201.306
M-Th	10:15-10:45am		0202.302	0202.303	0202.304	0202.305	0202.306
M-Th	10:45-11:15am		0203.302	0203.303	0203.304	0203.305	0203.306
M-Th	11:15-11:45am		0204.302	0204.303	0204.304	0204.305	0204.306
M-Th	11:45am-12:15 pm		0205.302	0205.303	0205.304	0205.305	0205.306
M-Th	3:45-4:15 pm		0206.302	0206.303	0206.304	0206.305	0206.306
M-Th	4:15-4:45pm	0207.301	0207.302	0207.303	0207.304	0207.305	0207.306
M-Th	4:45-5:15pm	0208.301	0208.302	0208.303	0208.304	0208.305	0208.306
M-Th	5:15-5:45pm	0209.301	0209.302	0209.303	0209.304	0209.305	0209.306
M-Th	5:45-6:15pm	0210.301	0210.302	0210.303	0210.304	0210.305	0210.306
M-Th	6:15-6:45pm	0211.301	0211.302	0211.303	0211.304	0211.305	0211.306

Days	Times	Session 7* 8/27-9/6	Session 8 9/10-9/20
M-Th	4:45-5:15 pm	0201.307	0201.308
M-Th	5:15-5:45 pm	0202.307	0202.308
M-Th	5:45-6:15pm	0203.307	0203.308

Days		Session 1 6/16-7/7	Session 2 7/14-8/4	Session 3 8/11-9/1
Sat	9:00-9:30 am	0212.301	0212.302	0212.303
Sat	9:30-10:00 am	0213.301	0213.302	0213.303
Sat	10:00-10:30am	0214.301	0214.302	0214.303
Sat	10:30-11:00am	0215.301	0215.302	0215.303

LEVEL 3: STROKE READINESS

Prerequisite: Level 2 certificate or can swim 20 yards front crawl independently. Students must be able to tread water and be comfortable in deep water prior to enrollment. This class focuses on stroke and side breathing refinement. The course is taught in the 4-5 foot area of the pool. Ages 4 - over. No class 7/4 & 9/3.

Days	Times	Session 1	Session 2	Session 3*	Session 4	Session 5	Session 6
		6/4-6/14	6/18-6/28	7/2-7/12	7/16-7/26	7/30-8/9	8/13-8/23
M-Th	9:15-9:45am		0301.302	0301.303	0301.304	0301.305	0301.306
M-Th	9:45-10:15am	<i>\////////////////////////////////////</i>	0302.302	0302.303	0302.304	0302.305	0302.306
M-Th	10:15-10:45am		0303.302	0303.303	0303.304	0303.305	0303.306
M-Th	10:45-11:15am		0304.302	0304.303	0304.304	0304.305	0304.306
M-Th	11:45am-12:15pm		0305.302	0305.303	0305.304	0305.305	0305.306
M-Th	3:45-4:15pm	V ////////////////////////////////////	0306.302	0306.303	0306.304	0306.305	0306.306
M-Th	4:15-4:45pm	0307.301	0307.302	0307.303	0307.304	0307.305	0307.306
M-Th	4:45-5:15pm	0308.301	0308.302	0308.303	0308.304	0308.305	0308.306
M-Th	5:15-5:45pm	0309.301	0309.302	0309.303	0309.304	0309.305	0309.306
M-Th	6:15-6:45pm	0310.301	0310.302	0310.303	0310.304	0310.305	0310.306

Days	Times	Session 7* 8/27-9/6	Session 8 9/10-9/20	
M-Th	4:45-5:15 pm	0301.307	0301.308	
M-Th	6:15-6:45pm	0302.307	0302.308	

Days			Session 2 7/14-8/4	Session 3 8/11-9/1
Sat	9:00-9:30 am	0311.301	0311.302	0311.303
Sat	9:30-10:00 am	0312.301	0312.302	0312.303



Swimming Lessons:

\$ 54 Resident, \$ 6 8 Non-resident (Mon.-Thurs. Lessons- 8 Lessons) \$ 3 3 Resident, \$ 41 Non-resident (Sat. Lessons - 4 Lessons) *\$ 47 Resident, \$ 5 9 Non-resident (Session 3 & Session 7)

LESSONS FOR AGES 4 & UP

LEVEL 4: STROKE DEVELOPMENT

Prerequisite: Level 3 certificate. This class includes "lap swimming". Students must be able to swim 25 yards comfortably. Students continue to refine learned strokes and are introduced to breaststroke, sidestroke, and turning at the wall. The course is taught in the 5-10 foot area. Ages 4 - over. No class 7/4 & 9/3.

Days	Times	Session 1	Session 2	Session 3*	Session 4	Session 5	Session 6
		6/4-6/14	6/18-6/28	7/2-7/12	7/16-7/26	7/30-8/9	8/13-8/23
M-Th	9:45-10:15am		0401.302	0401.303	0401.304	0401.305	0401.306
M-Th	10:45-11:15am	7///////	0402.302	0402.303	0402.304	0402.305	0402.306
M-Th	11:15-11:45am		0403.302	0403.303	0403.304	0403.305	0403.306
M-Th	4:15-4:45pm	0404.301	0404.302	0404.303	0404.304	0404.305	0404.306
M-Th	4:45-5:15pm	0405.301	0405.302	0405.303	0405.304	0405.305	0405.306
M-Th	5:45-6:15pm	0406.301	0406.302	0406.303	0406.304	0406.305	0406.306

Days	Times	Session 7* 8/27-9/6	Session 8 9/10-9/20
M-Th	5:45-6:15pm	0401.307	0401.308

Days		Session 1 6/16-7/7	Session 2 7/14-8/4	Session 3 8/11-9/1
Sat	9:30-10:00 am	0407.301	0407.302	0407.303

LEVEL 5: STROKE REFINEMENT

Prerequisite: Level 4 certificate. Students refine and gain endurance for key strokes and are introduced to butterfly and open turns. This course is taught in the lanes with a length of 25 yards. Ages 4 - over. No class 7/4 & 9/3.

Days	Times	Session 1	Session 2	Session 3*	Session 4	Session 5	Session 6
		6/4-6/14	6/18-6/28	7/2-7/12	7/16-7/26	7/30-8/9	8/13-8/23
M-Th	9:15-9:45am		0501.302	0501.303	0501.304	0501.305	0501.306
M-Th	10:15-10:45am	V///////	0502.302	0502.303	0502.304	0502.305	0502.306
M-Th	11:45am-12:15pm	V///////	0503.302	0503.303	0503.304	0503.305	0503.306
M-Th	3:45-4:15pm		0504.302	0504.303	0504.304	0504.305	0504.306
M-Th	5:15-5:45pm	0505.301	0505.302	0505.303	0505.304	0505.305	0505.306

Days	Times	Session 7*	Session 8
		8127-916	9/10-9/20
M-Th	5:15-5:45 pm	0501.307	0501.308

Days		l	Session 2 7/14-8/4	l
Sat	9:00-9:30am	0506.301	0506.302	0506.303

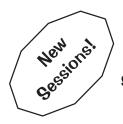
LEVEL 6: SWIMMING & SKILL PROFICIENCY

Prerequisite: Level 5 certificate and all strokes are refined. Students will polish strokes to swim with more ease, efficiency, power, and smoothness over greater distances. Introduces additional turns (flip turns and backstroke turns). Ages 4 - over. No class 7/4 & 9/3.

Days	Times	Session 1 6/4-6/14	Session 2 6/18-6/28	Session 3* 7/2-7/12	Session 4 7/16-7/26	Session 5 7/30-8/9	Session 6 8/13-8/23
M-Th	9:15-9:45am		0601.302	0601.303	0601.304	0601.305	0601.306
M-Th	10:15-10:45am	V//////	0602.302	0602.303	0602.304	0602.305	0602.306
M-Th	6:15-6:45pm	0603.301	0603.302	0603.303	0603.304	0603.305	0603.306

Days	Times	Session 7* 8/27-9/6	Session 8 9/10-9/20
M-Th	6:15-6:45 pm	0601.307	0601.308

Days	Times	Session 1	Session 2		
		<i>6/</i> 16-7 <i>/</i> 7	7/14-8/4	8/11-9/1	
Sat	9:00-9:30 am	0604.301	0604.302	0604.303	



Swimming Lessons:

\$54 Resident, \$68 Non-resident (Mon.-Thurs. Lessons- & Lessons) \$33 Resident, \$41 Non-resident (Sat. Lessons - 4 Lessons) *\$47 Resident, \$59 Non-resident (Session 3 & Session 7)

ADULT SWIM LESSONS

This course is designed for teens and adults who have never taken swimming lessons before, or who have a fear or apprehension of water. Ages 12-over.

Days		Session 2 6/18-6/28	Session 4 7/16-7/26	Session 5 7/30-8/9	Session 6 8/13-8/23
M-Th	8:00-8:30pm	0801.302	0801.304	0801.305	0801.306

Days		Session 1 6/16-7/7	Session 2 7/14-8/4	Session 3 8/11-9/1
Sat	11:00-11:30am	0802.301	0802.302	0802.303

AGES 3-OVER PRIVATE LESSONS

Private Lessons - 4 half-hour lessons: \$125 Resident, \$140 Non-resident (Maximum of 1 student to 1 teacher) This class offers participants who are beginning to swim, or wanting to improve their skills a chance to work one-onone with an instructor for four consecutive classes. Private lessons can be the appropriate setting to assist you or your child in water confidence or skill refinement. Each session consists of four one half hour lessons. Ages Š-over.

Days	Times	Private 1 6/4-6/7	Private 2 6/11-6/14	Private 3 6/18-6/21	Private 4 6/25-6/28	Private 5 7/9-7/12	Private 6 7/16-7/19
M-Th	9:45-10:15am			1001.303	1001.304	1001.305	1001.306
M-Th	11:15-11:45am			1002.303	1002.304	1002.305	1002.306
M-Th	4:15-4:45pm	1003.301	1003.302	1003.303	1003.304	1003.305	1003.306
M-Th	5:45-6:15pm	1004.301	1004.302	1004.303	1004.304	1004.305	1004.306

Days	Times	Private 7	Private 8	Private 9	Private 10	Private 11
		7/23-7/26	7/30-8/2	816-819	8/13-8/16	8/20-8/23
M-Th	9:45-10:15am	1001.307	1001.308	1001.309	1001.310	1001.311
M-Th	11:15-11:45am	1002.307	1002.308	1002.309	1002.310	1002.311
M-Th	4:15-4:45pm	1003.307	1003.308	1003.309	1003.310	1003.311
M-Th	5:45-6:15pm	1004.307	1004.308	1004.309	1004.310	1004.311

Days	l	Session 1 6/16-7/7		Session 3 8/11-9/1
Sat	10:00-10:30 am	1005.301	1005.302	1005.303
Sat	10:30-11:00am	1006.301	1006.302	1006.303

Lifequard Training

This course, based on the American Red Cross Lifeguarding Program, will certify students in Lifeguarding, CPR for the Professional Rescuer and First Aid. Students must be 15 years of age by the last day of class and pass a swim pre-test (swim 300 yds. continuously, retrieve a 10 pound brick from 10 feet of water and bring it back to a designated starting point). Attendance is mandatory at every meeting for certification. Books and materials are covered in the class fee. Questions, call Jennie at (650) 616-7184.

Cost: \$170 per person

Location: San Bruno City Park Swimming Pool

Instructor: Jennie Tucker or Alvse Goni

Session II - Code 0901.202

5/19-5/25 Sat

Mon-Fri 4:00-9:00pm

Session III - Code 0901.203

5/27-5/31

Sun & Mon Tues-Thurs

10:00am-5:00pm 4:30-9:30pm

12:00-5:00pm

More Summer Camps

VOLLEYBALL CLINIC (4 CLASSES)

Get ready to play this fall!! Improve your skills in passing, setting, serving, and spiking. Play fun games designed to perfect ball control and team play. For players entering $4^{\rm th}$, $5^{\rm th}$ & $6^{\rm th}$ grades.

Cost: \$40 Resident, \$50 Non-resident

Instructor: Lynn Niemira

Location: Veteran's Memorial Recreation Center Gym

Day/Time: Mon.& Wed.., 4:45-6:15pm 3612.301 M & W 6/11-6/20

VOLLEYBALL CLINICS (4 CLASSES)

Get ready for your fall tryouts! This class will improve your skills in passing, setting, hitting, blocking and serving. You will also learn basic offenses and defenses, and have fun perfecting ball control and team play. For players entering $7^{\rm th}$, $8^{\rm th}$ & $9^{\rm th}$ grades.

Cost: \$50 Resident, \$63 Non-resident

Instructor: Lynn Niemira

Location: Veteran's Memorial Recreation Center Gym

Day/Time: Mon.-Thurs., 5-7pm

3612.302 T&Th 7/17-7/26

"DRAMA VISIONS" CAMP (4 CLASSES)

Enjoy puppetry, improvisation, karaoke, stand up, and play production in this fun, confidence building camp. Students will perform a 30-minute "demo" of the skills learned in this class during the last hour of camp. Prepare for laughter and lots of new friends! Ages 7-11.

Cost: \$140 Resident, \$155 Non-resident

Instructor: Connie Bauer, Drama & Education Specialist Location: Millbrae Community Center, 477 Lincoln Circle

Day/Time: Mon.-Thurs., 10am-2pm 3718.301 M-Th 8/6-8/9

YOUTH BASEBALL CAMP (4 CLASSES)

Join Tim Bowler and his staff for a fun week of Baseball Camp. Boys and girls are welcome in this camp that teaches the fundamentals in batting, pitching, catching, sliding, throwing, and fielding. Tim is a former Capuchino High School player and has coached our local Joe DiMaggio team, and at Canada College. Players must bring their own baseball glove, and wear cleats or athletic shoes. Ages 5-11.

Cost: \$120 Resident, \$135 Non-resident Location: San Bruno City Park, Diamond 2

Instructor: Tim Bowler & Staff
Day/Time: Mon.-Thurs., 9:30-12noon
3609.301 M-Th 7/23-7/26

SUMMER SLAM

Once again, the San Bruno Parks and Recreation Services Department will be offering the very popular "Summer Slam" Basketball Program for youngsters and teens. Top players from all over the area come to play in this program under the direction of Coordinator Chuck Rapp. Play is divided into four divisions:

Division 1: players entering 4th and 5th grades Division 2: players entering 6th and 7th grades Division 3: players entering 8th and 9th grades Division 4: players entering 10th - 12th grades

Division 1 is designed for players with or without previous basketball experience, while Divisions 2, 3 and 4 are designed for male players with previous competitive experience. Participants will be placed on teams and a schedule will be provided after the initial session. After the teams are established, no practices will be held. All games are full-court and officiated by referees. Awards will be given to league champions and each participant will be given a souvenir "Summer Slam" shirt. All-league teams will be selected in each division. For further information call Chuck Rapp at (650) 872-2332.

Cost: \$78 Resident, \$93 Non-Resident Location: Recreation Center - Gym

Instructor: Chuck Rapp Days/Times: See Below

City of San Bruno Recreation Activity Guide

3412.301 Division I Tues 7-9pm 6/5-7/24 3412.302 Division II Sun 4-7pm 6/3-7/22 3412.303 Division III Sun 7-10pm 6/3-7/22 3412.304 Division IV Sun 1-4pm 6/3-7/22

More Summer Camps



CHALLENGER SPORTS BRITISYH SOCCER CAMP (5 CLASSES)

Experience the magic of British Soccer for kid's aged 3-16 years with Challenger Sports British Soccer Camps. Each participant receives a free soccer ball and t-shirt! Challenger Sports Soccer Camps are geared towards developing individual soccer skills, technical awareness and nutrition in a fun packed atmosphere.

Cost: See Below

Instructor: Matt Watkins & Challenger Soccer Camp Staff Location: Crestmoor High School Soccer Fields

Day/Time: See Below

First Kicks 3-4 years old \$79 Res., \$94 Non-res. 3616.301 M-F 6/18-6/22 9am-10am Mini Soccer 4-6 years old \$96 Res., \$111 Non-res. 3616.302 M-F 6/18-6/22 10-11:30am Half Day Camp 6-16 years old \$130 Res., \$145 Non-res. 3616.303 M-F 6/18-6/22 9am-12noon Full Day Camp 10-16 years old \$179 Res., \$194 Non-res. 3616.304 M-F 6/18-6/22 9am-4pm

INDOOR ROCK CLIMBING (5 CLASSES)

Like fish to water! Parents know what natural climbers kids are, so we offer an exciting 5-day program to introduce them to this great sport. Classes are designed so participants climb with children their own age. Maximum of 5 children per instructor. Planet Granite "t-shirt" included. Parent must attend first class with child to sign release paperwork. Class is held at Planet Granite, 100 El Camino Real, Belmont. (650) 591-3030. See ages below.

Cost: \$140 Resident, \$155 Non-resident

Instructor: Planet Granite Staff

Location: Planet Granite, 100 El Camino Real, Belmont

Day/Time: Mon.-Fri., 10am-12pm

3615.301 M-F 8/6-8/10 (Ages 5-8) 3615.302 M-F 8/6-8/10 (Ages 9-13)

Science Adventures

Spend your summer inventing really cool stuff, solve an ancient Egyptian Mystery or head to Space! Each child receives a FREE camp t-Shirt. Be sure to pack a snack and drink for your child. For more information about Science Adventures, go to our website at www.scienceadventures.com.

Mystery of the Pharaoh's Treasure SOLVE AN EGYPTIAN MYSTERY

Journey to the land of the pharaohs to help Gizmo solve a mystery and unearth a long-forgotten treasure! Decipher hieroglyphics, investigate the secret of the sands and test minerals to take home a share of the gold and gemstone treasure. Step back in time to unravel this mysterious Egyptian adventure! Ages 6-12.

Cost: \$189 Resident, \$204 Non-resident Instructor: Science Adventure Instructors Location: Beckner Shelter, San Bruno City Park

Day/Time: Mon-Fri., 9am-12noon 3614.301 M-F 7/23-7/27

Gizmos, Gadgets and Goop! INVENT WITH ELECTRONICS

Calling all ingenious inventors! Join Gizmo as he throws open the doors to his secret lab where science and imagination mix to create amazing contraptions. Explore the secrets of batteries, bulbs and buzzers with an electrifying electronics kit. Make ice cream without a freezer and discover how the Wright Brothers conquered the sky. Ages 6-12.

Cost: \$189 Resident, \$204 Non-resident Instructor: Science Adventure Instructors Location: Beckner Shelter, San Bruno City Park

Day/Time: Mon-Fri., 9am-12noon 3614.302 M-F 7/30-8/3

SPACE & ROCKETRY '07 - LAUNCH THE COMET ROCKET!

Join a mission through space on an amazing journey to the stars! Prepare the high-flying, solid-fueled Comet Rocket for Launch Day and watch it return to Earth! Make a working telescope and chart the worlds of the solar system. Children launch their rockets on Friday. Ages 6-12.

Cost: \$199 Resident, \$214 Non-resident Instructor: Science Adventure Instructors Location: Beckner Shelter, San Bruno City Park

Day/Time: Mon-Fri., 9am-12noon 3614.303 M-F 8/6-8/10

PRESCHOOL & CHILD ENRICHMENT

Terrific Tiny Tennis (6 Classes)

Children play FUN activities and games that enhance hand-eye coordination, locomotor skills, and knowledge of general tennis concepts, in this 6-week session. Lessons also provide a success-oriented social environment that may encourage children to continue in the lifetime sport of tennis. Small group lesson's for 3-6 students. Brina a racquet. In case of rain, check with the instructor at the court. NO POSTPONEMENT AN-NOUNCEMENT WILL BE GIVEN OVER THE PHONE. If at anytime the instructor is absent, report to the next scheduled lesson for makeup date. Unless notified otherwise, any makeup(s) due to postponement (i.e. rainouts) will be held on the next available normal meeting day following the session. However, Sundays may be used at the instructor's discretion. Ages 5-8.

Cost: \$68 Resident, \$83 Non-resident Location: San Bruno City Park Tennis Courts

Instructor: Whitlinger Tennis Staff Day/Time: Sat., 1-2pm

6/23-7/14 2402.301 Sat 2402.302 7/21-8/11 Sat

Parent & Child Belay Lesson (1 Class)

This class will teach parents the safety skills needed for their child to climb at Planet Granite. Kids day pass and equipment rentals are included. Registration is for one adult and one child. Parent must attend class with minor in order to sign release paperwork. The class is held at Planet Granite, 100 El Camino Real, Belmont, (650)519-3030. Ages 5 and over.

Cost: \$35 Resident, \$44 Non-resident Instructor: Planet Granite Staff Location: Planet Granite, 100 El Camino Real, Belmont Day/Time: Sat., 9:45-11am 3615.303 Sat 8/11



Parent and Child Intro to Ice Skating (6 Classes)

This is a fun experience for one parent and one child to learn to ice skate together. Classes will be geared to the child's level. Children must be between the ages of 3 & 4. Cost includes one parent and one child, skate rental, one-half hour lesson and practice time immediately following the lesson. Be sure to dress warmly and wear thick socks. Please be sure to arrive 20 minutes prior to lesson to check-in and put on skates. No class 7/4. Ages 3-4 years old plus parent.

Cost: \$64 Resident, \$79 Non-resident Location: Ice Center at San Mateo Instructor: Ice Center Staff Day/Time: Wed., 10-11am 2400.301 W 6/6-7/18 2400.302 W 7/25-8/29

My First Art Class (8 Classes)

Come experience 5 art stations where making a mess is part of the process! You have fun; we clean up! Art projects continue to change all year long! Process rather than product is emphasized. Projects are age appropriate with the children having the freedom to explore materials at their own pace and in their own way. The class ends on a musical note with singing and dancing and having too much fun. Parental participation is required. A lab fee of \$13.00 is payable to the instructor on the first day of class. Includes My First Art Class t-shirt. No class 7/5. Ages 18 months-5.

Cost: \$90 Resident, \$105 Non-resi-

Lab Fee: \$13 payable to instructor, includes t-shirt

Location: Millbrae Community Cen-

Instructor: Chris Pollard/Renee

Ramsev

Day/Time: Thurs.,

9:30-10:30am (18 months-3), 10:45-11:45am (2-5 years)

18 Months-3 Years

2001.301 6/28-8/23

2-5 Years

2001.302 6/28-8/23

Aikido for Youth (8 Classes)

In addition to being excellent physical exercise and effective self-defense, Aikido teaches smooth, balanced and relaxed movement. Aikido means "way of harmony" and is a philosophy integrating physical, spiritual and cultural values. Class is taught in a formal setting with the discipline and etiquette that reflect traditional Japanese Martial Arts. Call (650) 345-1501 for information. Ages 7-13.

Cost: \$65 Resident, \$80 Non-resident Location: Tanforan Professional Center Instructor: Masatoshi Morita Day/Time: Tues. & Thurs., 6-6:45pm 3407.301 T&Th 6/19-7/12

Preschool & Child Enrichment

Youth Intro to Ice Skating (6 Classes)

During each six-week session, students will be introduced to basic ice skating skills. Each lesson provides 30 minutes of instruction and 30 minutes of practice time on the ice. (Practice time will be from 5:45 -6:15 pm.) Be sure to dress warmly and wear thick socks. Skate rental is included in the class fee. Please be sure to arrive 20 minutes prior to lesson to check-in and put on skates. Ages 5-14.

Cost: \$64 Resident, \$79 Non-resident Location: Ice Center at San Mateo

(574-1616)

Instructor: Ice Center Staff

Day: Mon.,

5-7 year olds 5:15-6:15pm 3400.301 M 6/4-7/9 3400.302 M 7/23-8/27 8-14 year olds 5:45-6:45pm 3400.303 M 6/4-7/9 3400.304 M 7/23-8/27

Children's Crafts Class (6 Classes)

This course will include an introduction to the arts. Students will have a chance to create different projects - a ceramic piece, painting, and other design works. Children will have fun making their own artwork. Ages 6-15.

Cost: \$49 Resident, \$61 Non-resident

(includes \$7 lab fee)

Location: Recreation Center,

Ceramics Studio

Instructor: Marilyn Bennett Day/Time: Tues., 4-5:15pm

2000.301 T 6/26-7/31



Classic Boxing Workout Boxing Skills/Strength & Cardio Conditioning (Non Contact) (5 Classes)

Start with basic flexibility. Learn fundamental stance, footwork, and striking technique. Learn to properly shadowbox transferring skills to light and heavy bags for a super cardio total body workout. Further sharpen skills with the use of punch mitts and punch shields. Introduction to interval training and various calisthenic and plyometric exercise routines. For strength and conditioning the use of medicine balls, stability balls, dumbells, flex tubing, jump ropes etc. will be utilized. Finish with cool down/advanced flexibility. Note: Students must purchase handwraps. A lab fee of \$35is payable to the instructor the first day of class. Classes held at Bellafatto Boxing Academy, 1111 Arguello St, Redwood City. Ages 6-12.

Cost: \$39 Resident, \$49 Non-resident Lab Fee: \$35 payable to instructor

Location: Bellafatto Boxing Academy, 1111 Arguello Street, RWC

Instructor: Nick Bellafatto Day/Time: Sat., 9-10:30am 3417.301 Sat 6/2

3417.301 Sat 6/23-7/21 3417.302 Sat 7/28-8/25

Painting With Acrylic (4 Classes)

Your child will learn to use acrylic paints while painting on an acrylic board suitable for framing. This class will not only be fun but your child will learn drawing and painting techniques as wall as about design concepts, planning and art. Your child will have a fun time creating a design painting and learning different art concepts. This special class has a limited size so sign up early. This is one keepsake your child will be proud of and it will last a lifetime. Look at the website www.eyehighart.com for pictures of the past children's class conducted and samples of instructor's artwork.

Cost: \$45 Resident, \$56 Non-resident Lab Fee: \$7 payable to instructor at first class

Location: Recreation Center Ceramics Room

Instructor: Charna Conway Day/Time: M-F, 1-2:30pm (5-8yrs), 3-4:30pm (9-14yrs)

5-8 Years

3015.301 M 8/6-8/10 9-14 Years

3015.302 W 8/6-8/10

Mosaic Arts (4 Classes)

Your child will learn the versatile art of mosaics while making a beautiful trivet or wall hanging. This class will not only be fun for your child but he/she will learn about design concepts, planning and art. Your child will have a fun time breaking tile, creating a design, gluing tiles and even grouting! This special class has a limited enrollment so sign up early. This is one keepsake your child will be proud of and it will last a lifetime. Look at the website www.eyehighart.com for pictures of the past children's class conducted and samples of instructor's artwork.

Cost: \$45 Resident, \$56 Non-resident Lab Fee: \$7 payable to instructor at first class

Location: Recreation Center Ceramics Room Instructor: Charna Conway Day/Time: M-F, 1-2:30pm (5-8yrs),

3-4:30pm (9-14yrs)

5-8 Years

3015.303 M 8/13-8/17

9-14 Years

3015.304 W 8/13-8/17

Preschool & Child Enrichment

Pre-Ballet First Class Ages 2-3 (6 Classes)

Moms, Dads and Nannies are encouraged to participate with the children in this fun introduction to dance. This is a playful class that improves motor skills and teaches children to follow the instructor. Children enjoy performing finger plays, dancing to nursery rhymes and moving with balls or scarves to a variety of music. Please wear comfortable clothing that is easy to dance in. For questions about the class call the instructor: Matrisha at 415-647-2918. Registration must be done at the San Bruno Parks and Recreation Services Department. Ages 2-3.

Cost: \$66 Resident, \$81 Non-resident Location: Recreation Center Meetina Room Instructor: Matrisha Person Day/Time: Tues., 9:45-10:30am 2103.301 7/10-8/14

Primary Ballet Ages 5-6 (6 Classes)

For children who love the fantasy of ballet, this class focuses on learning classical ballet technique in a supportive atmosphere. Each class includes exercises at the barre, learning primary classical positions, steps, turns and movement combinations. There is also time devoted to creative movement to encourage expression. Dancers should wear simple leotards, tights and ballet slippers. Beginners are welcome. Ages 5-6.

Cost: \$66 Resident, \$81 Non-resident Location: Recreation Center Meeting Room Instructor: Matrisha Person Day/Time: Mon., 3-4pm 2103.304 7/9-8/13 М

Pre-Ballet Ages 3-4 (6 Classes)

For children who want to try a ballet class, this is a fun introduction. Dancers learn basic ballet with an emphasis on creative expression. They use their imagination as they plie like fairies, tendue like frogs and jete like deer. Activities include stretching exercises, learning simple dances, free dancing with scarves and playing games that teach social skills. Dancers should wear simple leotards, tights and ballet slippers. Ages 3-4.

Cost: \$66 Resident, \$81 Non-resident Location: Recreation Center Meeting Room Instructor: Matrisha Person Day/Time: Tues., 10:45-11:30am

T

2103.302

7/10-8/14

Pre-Ballet Ages 4-5 (6 Classes)

Children have fun as they stretch, leap and dance to classical music. This class introduces young dancers to the ballet barre. Children learn basic ballet foot and arm positions and simple choreography. At the end of each class children have an opportunity for creative expression as they dance freely with scarves. Dancers should wear simple leotards and ballet slippers. Ages 4-5.

Cost: \$66 Resident, \$81 Non-resident Location: Recreation Center Meetina Room Instructor: Matrisha Person Day/Time: Wed., 2:30-3:15pm 2103.303 W 7/11-8/15



Junior Jazz Dance Ages 5-7 (6 Classes)

This is a fun introduction to jazz and contemporary dance. Children learn to move to the beat of contemporary music. The class will include warming up, stretching, practicing jazz steps across the floor, learning a jazz dance routine which they will demonstrate to parents on the last day of class and free dancing to their choice of music. They will learn to move to different styles of music such as rock n' roll, the music of Broadway and hip-hop and to dance with vitality and expression. Dancers will need to wear leotards or stretch pants with jazz style shoes or ballet slippers. For dance shoes and apparel go to Dance Around the Block on San Mateo Avenue in San Bruno. Ages 5-7.

Cost: \$66 Resident, \$81 Non-resident

Location: Recreation Center Meeting Room

Instructor: Matrisha Person Day/Time: Mon., 4-5pm

2103.305 7/9-8/13 М

YOUTH SPORTS

Kidz Love Soccer Mommy/Daddy & Me Soccer (8 Classes)

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing large motor and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. Ages $2^{1/2}$ – $3^{1/2}$

Cost: \$68 Resident, \$83 Non-resident

Location: Grundy Park

Instructor: Kidz Love Soccer Staff

Day/Time: Fri., 9:30-10am

2419.301 F 6/29-8/17

Kidz Love Soccer - Tot-Soccer (8 Classes)

Encourages large motor skill development through fun soccer games and introduces small children to a group setting. Little tykes will enjoy running and kicking just like the big kids! **Shin guards are required after the first meeting.** Ages 3^{V2} –4.

Cost: \$68 Resident, \$83 Non-resident

Location: Grundy Park

Instructor: Kidz Love Soccer Staff

Day/Time: Fri., 10:15-10:45am, Fri., 5:05-5:35pm 2419.302 F 6/29-8/17 (morning) 2419.303 F 6/29-8/17 (evening)

Kidz Love Soccer - Pre-Soccer (8 Classes)

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment. **Shin guards are required after the first meeting.** Ages 4–5.

Cost: \$68 Resident, \$83 Non-resident

Location: Grundy Park

Instructor: Kidz Love Soccer Staff

Day/Time: Fri., 10:45-11:20am, Fri., 2:45-3:20pm 2419.304 F 6/29-8/17 (morning) 2419.305 F 6/29-8/17 (afternoon)

Kidz Love Soccer - Soccer 1 (8 Classes)

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun "skill" games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting. Ages 5–6.

Cost: \$68 Resident, \$83 Non-resident

Location: Grundy Park

Instructor: Kidz Love Soccer Staff
Day/Time: Fri., 3:20-4:05pm
3419.301 F 6/29-8/17

Kidz Love Soccer Soccer 2 & Soccer 3 (8 Classes)

Play the exciting game of Soccer! Explore the real sport, while still in an instructional and nurturing environment. Be challenged by real soccer situations, venture into the fun tactical side of scrimmaging. Players 7-12 years old will enjoy age appropriate soccer matches and be guided through the possibilities by a KLS Youth Specialist. Attacking and Scoring goals! Pace and Possession! Defense and Transition! Themes such as these and continued individual skill building will be explored fully on the soccer field by young soccer aficionados. Kidz Love Soccer... where the score is always FUN to FUN! **Shin guards are required after the first meeting.** Ages 7–8 (Soccer 2). Ages 9–12 (Soccer 3).

Cost: \$68 Resident, \$83 Non-resident

Location: Grundy Park

Instructor: Kidz Love Soccer Staff

Day/Time: Fri., 4:05-4:50pm (Soccer 2), Fri., 4:05-5:05pm

(Soccer 3)

3419.302 F 6/29-8/17 (Ages 7-8, 4:05-4:50pm) 3419.303 F 6/29-8/17 (Ages 9-12, 4:05-5:05pm)

Private Volleyball Lessons

Need some help with your overhand serve? Want to improve your setting skills? Private lessons are now available by appointment.

One-on-One lessons: \$20/half hour Groups of 3 or 4: \$30/child/hour Call 616-7182 to arrange times.

KIDS CLUB - AFTER SCHOOL PROGRAM

The San Bruno Parks & Recreation Services Department is excited to offer the KID'S CLUB program. This program is developed in cooperation with the San Bruno Park School District. It provides quality supervision and activities for 4th-6th grades. KLD'S CLUB is being offered at Allen, Belle Air and Portola Schools. The program begins when the last school bell rings until 6pm and is offered Monday through Friday. Registration is taken monthly. You may register on-site or at the Recreation Center. Each participant will be introduced to enriching activities such as theme weeks, crafts, sports, fun group games and more! Both snack time and homework club will be incorporated into each day. No \mathtt{KID} 'S \mathtt{CLUB} on school holidays or teacher in service days.

Maximum Enrollment is 30 Contact Jennie at 650-616-7184 if you want to enroll!

Portola Kids Club 3rd - 6th Grade

Dates	Cost	Portola Kids Club		
April	\$75	3653.201		
May	\$75	3653.202		
June	\$75	3653.203		

Allen Kids Club 4th - 6th Grade

Dates	Cost	Allen Kid's Club
April	\$75	3651.201
May	\$75	3651.202
June	\$75	3651.203

Belle Air Kids Club lst - 6th Grade

Dates	Cost	Belle Air Kids Club
April	\$75	3652.201
May	\$75	3652.202
June	\$75	3652.203

TEEN CLASSES & EVENTS

Internet Based Driver Education

Driver education is a California-required course for teens to receive a driver's license. It is the first step that must be taken so the teen can receive a driver's permit. The course includes much parental involvement and is fun, interactive and educational. Course work can be completed at any time of day or night. Students may choose from an internet course or a home study course. DMV-accepted completion certificates issued upon successful completion of the course. Class does not include the behind the wheel driving. Once you register for the class, you will be notified by email within 48 hours with an access code. Ages 14-18.

Cost: \$75 Resident, \$90 Non-resident

Instructor: Self Taught - Allgood Education Corp

Location: Internet

Day/Time: Available 24 hours a day

4210.301

Volunteer Opportunities **Pre-registration Required!**

Looking to get involved in your community? Need volunteer hours for school? Learn to work with your peers, create a positive environment for children, and have fun while doing it. We are looking for helpful and enthusiastic individuals who would like to help us out with our special events and child-aged programs. Open to ages 13-17. For more information call Dee @ 616-7183.

Teen Dance Friday, May 4

End the school year right by coming to our last Teen Dance for 7th & 8th grade students only. Meet up with all of your friends and dance to your favorite songs. Our live D.J. will be there with the latest and greatest songs of the year. Dances are held from 6:30-9:30pm at the Veterans Memorial Recreation Center. Tickets will go on sale one week before each dance at Parkside Intermediate School and at the Recreation Center. The pre-sale cost is \$7, \$10 at the door. Student ID cards will be checked at the door. The dances are not school sponsored or PTA events. We'll also sell glow necklaces for only \$2.00. Call Dee @ 616-7183 for more information. Don't Miss Outl

TEEN CLASSES & EVENTS

(Improvisation for Teens (16 Classes)

This is an improvisation class for students of any level of experience. Chris Blair, who studied at the American Conservatory Theater, teaches a class that covers fundamental through advanced improv skills. We will cover the basics of improv, go through exercises based on status and personal space, to ones based on narrative and go on to advanced improv exercises. No class 8/7 & 8/9. Ages 12-17.

Cost: \$90 Resident, \$105 Non-resident

Location: Recreation Center Meeting Room B

Instructor: Chris Blair Day/Time: Wed., 3-4:30pm

4218.301 T&Th 6/19-8/16

Teen Night at the Pool

Don't miss out on this! Come hang out with your friends, listen to music, eat pizza, and enjoy a warm summer evening at the San Bruno Park pool! This pool party is open to teens only, 11-14 years of age. Yes, the pool belongs to you the entire night! Make sure you bring your swimsuits and a towel. Register soon so that we'll have a spot for you!!

Registration deadline: Monday, July 25

Cost: \$12 Per Person

Location: San Bruno Park Pool Inst: Rec. Center/Aquatic Staff Day/Time: Friday, 6:30-9:30pm

4405.301 F 7/27

SPECIAL NEEDS PROGRAM

Special Needs Dance June 8 August 3

Dances are held from 7:00-9:00pm. Admission is \$5 and pictures are \$2. The dances are for teens and adults with Special Needs. We offer supervision, refreshments, raffle prizes and music. Please call 616-7184 for more information.



Wednesday Social Event Night

Looking to socialize with other Special Needs teens and adults? Wednesday nights at the Veterans Memorial Recreation Center is the place to be! Each Wednesday from 7:00-9:00pm, we do various activities that may include leaving the Recreation Center. Please call Jennie at 616-7184 and leave your address to receive a newsletter and obtain more information about our events.

OUTDOOR ADVENTURE

Ano Nuevo Adventure

This is trip will be at your own pace. We'll walk around Ano Nuevo State Reserve, which is the home to a large colony of Northern Elephant Seals. The State Reserve offers 3 to 4 miles of terrain to walk/hike. Naturalists are stationed in specific areas to answer any questions that you may have about these incredible creatures. Please wear sturdy shoes, warm layers, sun block, and a hat. Don't forget those cameras! Please pack a sack lunch with extra snacks and water. For more information call Dee @ 616-7183.

Registration Deadline: May 9

Cost: \$25 Resident, \$31 Non-resident

Location: Pescadero

Inst: Recreation Division Staff Day/Time: Sat., 9am-4pm 5/19 5507.201 Sat



Boudin at the Wharf: Museum & Bakery Tour, Ferry Building & Ghirardelli Square

Before Fisherman's Wharf was even on the map, the Boudin French Bakery was already making bread for San Franciscans. You will discover the history of Boudin through an array of historic photos, artifacts, and interactive exhibits. You will also learn the events and personalities surrounding its origins, and the art and science behind our original San Francisco Sourdough. We will then walk over to Ghirardelli Square, which is one of San Francisco's most treasured landmarks. It's the home to some of the finest views, galleries, boutiques, culinary treats and special events that San Francisco has to offer. We'll also have a chance to walk around this area, as well as the Ferry Building. Please pack a sack lunch or bring money for lunch. This trip includes transportation, Boudin Tour Fees, and parking fees. For more information call Dee @ 616-7183.

Registration Deadline: July 18

Cost: \$15 Resident, \$19 Non-resident.

Location: San Francisco

Instructor: Recreation Division Staff

Day/Time: Sat., 11am-5pm 7/28 5581.301 Sat

Bike the Bridge

Come join us for a fun quided tour through San Francisco, on a bike! The tours are set up to be fun and informative and are designed for biker's of all abilities. A guide will share the diverse history of the area as you pedal along the scenic Bay Trail. Tour begins at Aquatic Park and journeys through Fort Mason overlooking beautiful vistas of Alcatraz and into the Marina. You will then enter the Presidio National Park and continue along to the Golden Gate Bridge. We will then bike the bridge from Vista Point downhill to beautiful Sausalito and cruise by the famous shops, art galleries, great restaurants and houseboat community. We will take the Ferry back! Please wear sturdy shoes, warm layers, sun block, and a hat. Don't forget those cameras! Please pack a sack lunch with extra snacks and water. For more information call Dee @ 616-7183.

Registration Deadline: June 6

Cost: Adult: \$75 Resident, \$90 Non-resident

Child: \$60 Resident, \$75 Non-resident

(includes ferry fees, tour guide & bike equipment rental)

Location: San Francisco

Inst: Recreation Division Staff Day/Time: Sat., 9am-4pm

5508.201 Sat 6/16 (adult 13-over) 5508.202 6/16 (youth 12 & under) Sat

Paddle-Bike-Walk-Skate Stow Lake

Went. The largest lake in C !! The largest lake in Golden Gate Park, Stow Lake was originally planned as a reservoir. It was completed in 1893 in time for the Midwinter Fair and immediately became a popular recreational destination. Get an inside view of Golden Gate Park by boating on Stow Lake; walking, biking or skating around it. You'll see beautiful arched bridges and see man-made waterfalls. Waterfowl and other birds have made this a nesting area, making this a nice place for beginning birders to explore. Pedal, electric, and rowboat rentals are available for \$13-\$17 an hour (cash only). Food and beverages are also available at the snack bar. Please pack a sack lunch or bring money for lunch. This trip includes transportation only. For more information call Dee @ 616-7183.

Registration Deadline: August 17

Cost: \$12 Resident, \$15 Non-resident

Location: San Francisco

Instructor: Recreation DivsionsStaff

Day/Time: Sat., 10am-3pm 5511.301 Sat 8/25

ADULT SPORTS

Tennis Lessons (4 Classes)

Enjoy top-flight instruction from the staff of Stanford University's Tennis Coach John Whitlinger and USPTA Professional Tom Sarsfield. Six hours of instruction for adult/youth classes of four to eight students. Classes of two students will be converted into four one-hour lessons. In case of rain, check with the instructor at the court. NO POSTPONEMENT ANNOUNCEMENT WILL BE GIVEN OVER THE PHONE. If at anytime the instructor is absent, report to the next scheduled lesson for makeup date. Unless notified otherwise, any makeup(s) due to postponement (i.e. rainouts) will be held on the next available normal meeting day following the session. However, Sundays may be used at the instructor's discretion.

Novice:

For beginners and advanced beginners. Learn simple and efficient techniques to develop dependable strokes that will enable you to enjoy tennis and continue to improve after class. Student(s) should repeat this class level until the instructor recommends advancement.

Low Intermediate:

For those who can rally consistently but lack depth and placement. Emphasis on stroke fundamentals and basic strategy.

Ages 9-over (see below).

Cost: \$68 Resident, \$83 Non-resident Location: San Bruno City Park Tennis Court #1

Instructor: Whitlinger Tennis Staff Day: Sat (see below for times)

5402.301	Sat	9-10:30am 6/23-7/14 Novice (15-over)
5402.302	Sat	10:30am-12pm 6/23-7/14 Low/Int (15-over)
5402.303	Sat	2-3:30pm 6/23-7/14 Novice (9-14yrs)
5402.304	Sat	3:30-5pm 6/23-7/14 Low/Int (9-14yrs)
5402.305	Sat	9-10:30am 7/21-8/11 Novice (15-over)
5402.306	Sat	10:30am-12pm 7/21-8/11 Low/Int (15-over)
5402.307	Sat	2-3:30pm 7/21-8/11 Novice (9-14yrs)
5402.308	Sat	3:30-5pm 7/21-8/11 Low/Int (9-14yrs)

Private Tennis Lessons

Are you having trouble with your backhand or do you want to develop more topspin on your forehand? Learn new strokes or improve your old ones through individualized lessons based on your needs. For all ages, beginners to advanced. Call the tennis instructor at (408) 745-6171 to make arrangements. All checks payable to the "City of San Bruno". Check should be given to the instructor at the time of your lesson.

Instructor: Stanford Coach John Whitlinger & USPTA Pro-

fessional Tom Sarsfield's staff

Location: San Bruno City Park Tennis Court #1 Fee: \$50 Resident, \$63 Non-resident (per hour),

\$135 Resident, \$150 Non-resident (three one hour les-

sons)

(Add \$5 per hour for an additional person) Code: 5402.311 (per hour) 5402.312 (3 hours)

TAE BO Fitness (6 Classes)

This innovative program teaches the tried and true TAE BO techniques and now goes to a new level. Amazing new workouts are fun, fast and effective! Peter, personally trained by Billy Blanks, will guide and inspire you through your weight-loss plateaus and boost your metabolism for amazing results. TAE BO is the hottest fitness phenomenon and most complete workout system yet. Millions of people including athletes and celebrities have seen the benefits of TAE BO. Now its here for you in San Bruno! "Motivation is temporary, but inspiration can last a lifetime", Peter says. No class 7/4.

Cost: \$72 Resident, \$87 Non-resident

Location: Dojo USA, 731 Kains Avenue, San Bruno

Instructor: Peter Johnson, Billy Blank's Tae Bo Certified Instructor

Day/Time: See below

- U.j	, , , , , , , ,		
5418.301	М	6/25-7/30	6:15-7am
5418.302	М	6/25-7/30	7:30-8:30pm
5418.303	W	6/27-8/8	6:15-7am [']
5418.304	F	6/29-8/3	6:15-7am
5418.305	F	6/29-8/3	6:30-7:30pm

Classic Boxing Workout Boxing Skills/Strength & Cardio Conditioning (Non Contact) (5 Classes)

Start with basic flexibility. Learn fundamental stance, footwork, and striking technique. Learn to properly shadowbox transferring skills to light and heavy bags for a super cardio total body workout. Further sharpen skills with the use of punch mitts and punch shields. Introduction to interval training and various calisthenic and plyometric exercise routines. For strength and conditioning the use of medicine balls, stability balls, dumbells, flex tubing, jump ropes etc. will be utilized. Finish with cool down/advanced flexibility. Note: Students must purchase handwraps. A lab fee of \$35 is payable to the instructor the first day of class. Classes held at Bellafatto Gym, 1111 Arguello St, Redwood City. Ages 16-over.

Cost: \$39 Resident, \$49 Non-resident

Lab Fee: \$35 payable to instructor

Location: Bellafatto Gym, 1111 Arguello Street, RWC

Instructor: Nick Bellafatto

5417.304

Day/Time: Tues., 6:30-8pm, Sat., 10:30am-12 Noon

7/28-8/25

5417.301 T 6/19-7/17 5417.302 Sat 6/23-7/21 5417.303 T 7/24-8/21

Sat

Porcelain Dolls (8 Classes)

Create a doll for someone special and a gift that can be treasured forever. Complete a doll of your choice in porcelain. After using our molds, you will be instructed in cleaning and finishing techniques as well as china painting to decorate dolls. A wide variety of dolls will be reproduced, antique as well as new modern dolls are available from 2" to 36". Supplies, greenware, china paints and tools purchased separately from instructor. No class 7/4. Ages 15over.

Cost: \$40 Resident, \$50 Non-resident Lab Fee: \$10 payable to instructor at

first class

Location: Recreation Center

Ceramics Studio

Instructor: Marilyn Bennett Day/Time: Tues., 6:30-9:15pm,

Wed., 9-11:45am

5001.301 6/26-8/14 T 5001.302 6/27-8/22 W

Creative Ceramics (8 Classes)

Create your own casseroles, platters, mugs and sculptures with microwaveable - lead free glazes. Learn hand work as well as wheel throwing, slab, coil and sculpture introduced. Lab fee covers cost of glaze and firing. Clay is available at cost. Wear your old clothes or smocks! No class 7/4. Ages 15-

Cost: \$40 Resident, \$50 Non-resident Lab Fee: \$10 payable to instructor at

first class

Location: Recreation Center

Ceramics Studio

Instructor: Marilyn Bennett

Day/Time: Tues., 6:30-9:15pm, Wed.,

9:30-11:45am

5002.301 6/26-8/14

5002.302 6/27-8/22 W

Sketching, Painting & Watercolor (8 Classes)

Sketching and drawing will be done using the "Right Side of the Brain" techniques, which encourages an original and inspirational approach. Please bring any brushes, sketchbooks and watercolor paper you will need. Brushes are also available through the instructor at a minimal cost. This class is open to all beginning and intermediate students. No class 7/4. Ages 15-over.

Cost: \$43 Resident, \$53 Non-resident Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett Day/Time: Tues., 6:30-9:15pm, Wed., 9:30-11:45am

5004.301 6/26-8/14 5004.302 6/27-8/22

50+ Ceramic classes & Oil Painting offered at the Senior Center by the San Mateo Adult Education. For more information see page 35 or contact the Senior Center at 650-616-7150.

3-D Paper Crafts (1 Class)

Do you just love little boxes, books and fold out cards? Join us as we create special 3-D projects that will "pop" up and grab the attention of the recipient! We'll make four different projects that you can re-create at home with your own supplies. All supplies are provided in the supply packet. Ages 16-over.

Cost: \$20 Resident, \$25 Non-resident Lab Fee: \$5 payable to instructor at class Location: Recreation Center Conference Room 1

Instructor: Jena Haux Day/Time: Wed., 7-9pm 5022.302 7/18

Rubber Stamping 101

Do you want to learn the basics of rubber stamping? Have you tried to create your own cards but have not been satisfied with the results? Let me show you several simple layouts that work out great and can be used again and again with lots of different images and papers! We will use several fun embellishments, layering and more to create 4 beautiful cards you'll love. This class will inspire both beginners and seasoned stampers alike! No prior experience required, just a desire to learn! All supplies needed are included in the supply packet. Ages 16-over.

Cost: \$20 Resident, \$25 Non-resident Lab Fee: \$5 payable to instructor at class Location: Recreation Center Conference Room 1 Instructor: Jena Haux Day/Time: Wed., 7-9pm 5022.301 6/20 W

Beginning & Advanced Mosaics (4 Classes)

Come and learn the beautiful and extraordinary craft of mosaics! After completing this course you will not only come away with a masterpiece of your own, but the basic knowledge of surface preparation, adhesives, grouting, how to compose a design and other basic mosaic techniques. All of your tools and supplies will be provided. Just wear your old clothes and prepare to have fun. You will master this versatile art form that you will want to apply to all sorts of objects. You will learn something new every time you take this class. Ages 15-over.

Cost: \$60 Resident, \$75 Non-resident Lab Fee: \$15 payable to instructor Location: Recreation Center Ceramics Studio Instructor: Charna Conway Day/Tilme: Thurs., 7-9pm 5015.301 8/9-8/30

Fused Glass Jewelry (4 Classes)

Come and learn the beautiful and extraordinary art of glass fusion! After completing this course, you will not only come away a sun catcher, pendant, earings and a pin, but the basic knowledge of FUSING GLASS. All of your tools and supplies will be provided. Just wear your old clothes and prepare to have fun. Once you learn this beautiful art form you will be amazed at what you can create. Class sizes are limited so sign up early! Ages 15-over.

Cost: \$60 Resident, \$75 Non-resident Drop In: \$20 Resident, \$25 Non-resident

Lab Fee: \$25 payable to instructor Drop In Lab Fee: \$10 payable to instructor Location: Recreation Center Ce-

ramics Studio

Instructor: Charna Conway

Day/Tiime: Mon., 9:30-11:30am,

Mon., 7-9pm

5015.302 M 8/6-8/27 (am) 5015.303 M 8/6-8/27 (pm)

Bowls and Vases (4 Classes)

Come and learn the beautiful and extraordinary art of glass fusion! After completing this course you will not only come away with a fused glass slumped bowl, you will also make a picture frame. Basic glass cutting and fusing skills are required and can be learned in fused glass jewelry. All of your tools, cutters, saws, grinders and a kiln as well as fusing glass supplies will be provided. Class sizes are limited so sign up early! Ages 15-over.

Cost: \$60 Resident, \$75 Non-resident Lab Fee: \$55 payable to instructor Location: Recreation Center Ce-

ramics Studio

Instructor: Charna Conway

Day/Tiime: Mon., 9:30-11:30am,

Mon., 7-9pm

5015.304 M 8/6-8/27 (am) 5015.305 M 8/6-8/27 (pm)



Landscaping with Mosaic Stepping Stones (1 Class)

Learn how to make real mosaic stepping stones! You will gain enough knowledge about this versatile art form to apply it to countless projects. Participants will learn all of the basics: composition, design transfer, mixing and pouring concrete. BONUS: Use of paths, and how to make them for your stepping stones will be discussed. EXTRA SPECIAL BONUS: Bring in photos of an area of your yard you don't like and we will discuss how it can be improved in style and function. CLASS SIZE IS LIMITED ~ SO SIGN UP EARLY!!!

Cost: \$38 Resident, \$48 Non-resident Lab Fee: \$15 payable to instructor Location: Recreation Center Ceramics Studio

Instructor: Charna Conway Day/Tiime: Sat., 9am-2pm 5015.306 Sat 8/11

Birthday Stamp-A-Stack Class (1 Class)

Come learn new ideas as you create hand stamped birthday cards for everyone on your mailing list! We'll stamp a stack of NINE cards (3 each of 3 different designs)! With this stack of handmade cards you'll be prepared to send out unique hand-made cards that is a gift in itself! This is a great way to create a stash of cards, ready to go! Ages 16-over.

Cost: \$24 Resident, \$30 Non-resident Lab Fee: \$6 payable to instructor at class Location: Recreation Center Conference Room 2 Instructor: Jena Haux Day/Time: Wed., 7-9pm 5022.303 W 8/15

Learn the Art of Beading (1 Class)

Learn all of the beading basics in these progressive classes. Take one or take all of them. First class includes attaching findings so that you can attach any closure on a necklace or bracelet. You will make a beautiful glass bead necklace with a toggle closure. Second class includes learning to make loops and wraps. You will make several pairs of earrings and learn about chandelier style earrings as well. Also you will make a matching stretchy glass bead bracelet. Third class, learn how to use memory wire to make fantastic creations. You will make a multi- loop glass bead bracelet in this class. Tools will be provided, however if you have beading tools, please bring them. All findings, beads and accessories will be included in your lab fee.

Cost: \$13 Resident, \$16 Non-resident Lab Fee: \$10 payable to instructor Location: Recreation Center Ceramics Studio

ics Studio

Instructor: Charna Conway Day/Tiime: Mon., 11:30am-1pm,

5015.307 M 8/6 (1st Class) 5015.308 M 8/13 (2nd Class) 5015.309 M 8/20 (3rd Class)

Improvisation (8 Classes) This is an improve

This is an improvisation class for students of any level of experience. Chris Blair, who studied at the American Conservatory Theater, teaches a class that covers fundamental through advanced improv skills. We will cover the basics of improv, go through exercises based on status and personal space, to ones based on narrative and go on to advanced improv exercises. No class 7/4 & 8/8. Ages 18-over.

Cost: \$90 Resident, \$105 Non-resident Location: Recreation Center Meet-

ina Room B

Instructor: Chris Blair Day/Time: Wed., 6-9pm

5118.301 W 6/20-8/22

Pilates (5 Classes)

Feel taller, stronger, and energized all summer long through Pilates! In this mixed-level mat class you will tone and strengthen your "core" the abdominals, gluteal, and postural muscles — while increasing your flexibility. You will develop greater body awareness as you learn how to align your body and use breathing cues to enhance the effectiveness of the movements. No prior experience is necessary. Please bring a towel or mat. It is best not to eat prior to class. Ages 15 and over.

Cost: \$43 Resident, \$54 Non-resident Drop In: \$10 Resident, \$13 Non-resident Location: Recreation Center Meeting Room

Instructor: Stephanie Funk Day/Time: Mon., 6-7pm

5610.301 6/18-7/16 М 5610.302 М 7/30-8/27

Aikido For Beginning Adults (Coed) (12 Classes)

Aikido is a Japanese martial art. The techniques of Aikido emphasize redirecting the energy and force of an assailant's attack in order to subdue him. Aikido increases stamina, improves coordination and stresses non-aggression and harmony with your partner. In addition, Aikido is excellent means of physical exercise and an effective self-defense. Masatoshi Morita trained in Japan and holds a 7th degree black belt. Call (650) 345-1501 for information. No class 7/4. Ages 14-over.

Cost: \$90 Resident. \$105 Non-resident Location: Tanforan Professional Center Instructor: Masatoshi Morita Days/Time: Mon., Wed., Fri., 10-11am, Tues., Wed, Thurs., 7-8pm

5406.301 6/18-7/16 MWF 5406.302 TWTh 6/19-7/17

Adult Intro to Ice Skating (6 Classes)

You can have fun learning how to ice skate while getting some exercise too! Basic skating skills will be covered in the six-week courses. Class fee includes one-half hour lesson, skate rental and practice time immediately following each lesson. Be sure to dress warmly and wear thick socks. Please be sure to arrive 20 minutes prior to lesson to check-in and get skates on. Ages 16-over.

Cost: \$64 Resident. \$79 Non-resident Location: Ice Center at San Mateo Instructor: Ice Center Staff Day/Time: Thurs., 7-8pm 5400.301 6/7-7/12 Th 5400.302 7/26-8/30 Th

Women's Weight Training (16 Classes)

Whether you are 18 or 80, you never outgrow the need to exercise and stay fit. Strengthen, tone and shape your muscles through a variety of resistance training exercises. Workouts can be adjusted to fit your individual goals. This is a serious weight training and body building program and is recommended to anyone who is serious about getting and staying in shape. Class is limited to 22 students - so sign up early! Ages 18-

Cost: \$50 Resident, \$63 Non-resident Lab Fee: \$15 payable to instructor at 1st class

Location: Recreation Center Meeting Room & Exercise Room Instructor: Kristin Allen

Day/Time: Tues. & Thurs., 5:15-7pm 5904.301 T&Th 6/19-8/9

AM Yoga & Rhythm (8 Classes)

Men and women of all ages will benefit from easy and effective yoga postures in a non-competitive environment. No experience is required. We will begin warm-ups with movements to lively rhythms, followed by relaxation and stretching. Feel recharged in body, mind and spirit and take the energy into your daily life. Please bring a mat and an empty stomach to class. No class 7/4 & 7/18. Ages 15-over.

Cost: \$83 Resident, \$98 Non-resident Drop-In: \$12 Resident, \$15 Non-resident Location: Recreation Center Meeting

Instructor: Monika Neal Day/Time: Wed., 10:30am-12noon 5600.301 W 6/20-8/22

50+ Yoga Classes offered at the Senior Center. For more information see page 35 or call the Senior Center at 650-616-7150.

Yoga (5/6 Classes)

Yoga means union and is designed to assist in integrating mind, body and spirit. Each yoga posture not only helps us to relax, strengthen and tone, but also aids in opening major energy centers. Over time, many of us build up and hold blocked energy within, creating tension, stress and disease, which limits us from vibrating at our highest level. Take time for yourself and join this non-competitive, relaxing and life-giving environment. No previous experience is necessary. Please bring a mat or towel. It is best not to eat prior to class. Ages 15-over.

Cost: \$68 Resident, \$83 Non-resident (Session 1), \$52 Resident, \$65 Non-resident (Session 2)

Drop In: \$12 Resident, \$15 Non-resident Location: Recreation Center Meeting Room

Instructor: Linda Russell Day/Time: Mon. 7:15-8:45pm

5601.301 M 6/18-7/23(6 classes) 5601.302 M 7/30-8/27 (5 classes)

Social Ballroom Dance (6 Classes)

When you go to a dance, do you envy those couples gliding around the floor? Are you going on a cruise, to a wedding or class reunion? This is your chance to shine! Join the beginning class and learn the basics in the Samba, Rumba, Cha Cha, Waltz, Foxtrot, Swing, Mambo, Tango and more. The Intermediate Class is a continuation of instruction from the Basic Class with the addition of NEW and advanced steps with emphasis on styling in all the dances. One basic series required before attending Intermediate Class. New intermediate steps every series. FOR COUPLES ONLY. Ages 16-over.

Cost: \$95 Resident, \$110 Non-resident (per couple)

Location: Forest Hill Christian Church,

250 Laguna Honda Blvd. SF Instructor: Bart & Judy Lewis

Day/Time: Thurs., 7:30-8:30pm (beg), or 8:30-9:30pm (int.) Registration @ 7:15pm.

5105.301 Th 6/21-7/26(beg) 5105.302 Th 6/21-7/26 (int)

Belly Dance (8 Classes)

Are you tired of aerobics or don't find Jazzercise very creative? Try Belly Dance! A dance with ancient origins, it is not only great exercise, but also is highly individualistic, allowing each dancer to develop her own unique style. Instruction includes dance styles from Egypt (Cabaret, Ghawazee, Saidi), Tunisia, Morocco, Turkey, Persia and Afghanistan. The course, for beginning through advanced teens and adults, will also include instruction in costuming techniques appropriate to each style. Bring three yards of sheer 45 inch wide fabric and a set of four finger cymbals. Ages 13-over. Females only.

Cost: \$60 Resident, \$75 Non-resident Location: Monte Verde Elementary School Instructor: Nancy Hernandez

Day/Time: Mon., 7-9pm

5106.301 M 6/18-8/6

Women and Investing (4 Classes)

Participants will learn the power of investing and how to examine their current financial situation, focus on their goals, control taxes, and manage financial risks. We will also discuss stocks and bonds, investing and retirement plans. Investments will be unveiled in simple, easy to understand language for everyone.

Cost: \$15 Resident, \$19 Non-resident

Lab Fee: \$8 payable to instructor at first class Location: Recreation Center Conference Room 1

Instructor: Meg Finones

Days/Time: Wed., 6:30-8:30pm 5225.301 W 8/1-8/22

Drop In Basketball Mondays & Wednesdays

San Bruno's Gymnasium is located at 251 City Park Way (Participants must show proof of age by valid California ID or Drivers' License or School ID).

\$2 - Youth Open Play 16 & Under 6:30-7:30pm \$4 - Adult Open Play 17 & Over 7:30-9:30pm

This schedule is subject to change for special events & holidays

Exercise Room

The San Bruno Exercise Room is located at the front of the Veterans Memorial Recreation Center. The room is 625 square feet, has natural sun light, fresh air circulation, and new workout equipment. Featured equipment includes a Universal Weight Lifting Machine, Olympic bench press and free weights, exercycle, treadmill, Stairmaster, Smith Glide Machine, Leg Curl/Extension machine, and dumbbells. Users must register at time of first use and carry San Bruno issued I.D. Card whenever using the facility. Please note: only San Bruno residents over the age of 18 are permitted to use the exercise room. All exercise room hours are Coed. Gym is closed on Tuesdays and Thursdays from 5:15-7pm for class.

San Bruno Residents Only

\$4 one day pass \$24 per month \$95 per 6 months \$10 per month Locker Rental

Hours of Operation:

Monday-Thursday 8:00am - 9:00pm Friday 8:00am-5:00pm Saturday & Sunday 9:00am-1:00pm

Chinese Martial Arts Kung Fu (6 Classes)

Come challenge yourself physically and mentally as you learn this traditional form of Chinese martial arts. In this introductory class, students will learn fundamental building blocks that will help develop skills required in more advance levels of Kung Fu training. The student will learn the origin of Chinese Martial Arts, customs and philosophies, and in turn develop a respectful attitude toward others and themselves. Students will learn basic stances, punches, footwork, and practical self-defense techniques. Students will also learn a Northern Shao-Lin form. Uniform and equipment may be purchased from instructor. Students signing up for Beginner II must have completed the Beginner I class and permission from Instructor. Ages 6-over.

Cost: \$57 Resident, \$71 Non-resident Lab Fee: Equipment may be purchased from instructor Location: Monte Verde School Instructor: Robert Louie & Herb Leung Day: Friday Beginner I 5401.301 6:30-7:30pm 6/15-7/20 5401.302 6:30-7:30pm 7/27-8/31

Beginner II

5401.303 7:45-8:45pm

5401.304 7:45-8:45pm

Guitar Level 1 & Level 2 (10 Classes)

Level 1 class is for beginners or guitarists who want to start a course from the beginning. In addition to learning basic techniques for the guitar, you will also learn to read all forms of musical notation for the guitar. Much focus is on developing a foundation for performing, and you'll begin to play solo and ensemble pieces.

Level 2 class is for beginning/intermediate guitar players who know triads/7th chords in the open position and are ready to shift up and down the first board, playing bar chords and movable scales. The class will rehearse blues, classical, rock, and folk music so the student should have some experience reading standard music notation. Ages 16-over. No class 7/4

Cost: \$159 Resident, \$174 Non-resident Location: Millbrae Community Center, 477 Lincoln Circle Instructor: Doug Cameron Day/Time: Wed., 9:30-10:45am (Guitar 1), 11am-12:15pm (Guitar 2) Guitar 1
5117.301 W 6/6-8/15 Guitar 2
5117.302 W 6/6-8/15

Seniors Piece of Mind (1 Classes)

Sponsored by Mark Hasha with Prudential Realty in San Bruno. Join us for presentations by various professionals. Topics include Identity Theft, Financial Investments, and Reverse Mortgages. This FREE informational seminar is the first in a series. A complimentary lunch will follow. Ages 55 and over.

Cost: Free

Location: Recreation Center Meeting

Room

Instructor: Mark Hasha

Days/Time: Sat., 9:30am-12 noon 5802.301 Sat 5/19

Compost Workshop! (Free) (1 Class)

The County of San Mateo Master Composting Volunteers will provide a free workshop to the public to educate and demonstrate how to compost and worm compost. Each class is 2 hours long (will cover the same material) and since the instructors are volunteers there may be different instructors for different days. All volunteer Master Composters have completed an intensive Master Composter Training Program of 20 initial hours and monthly in-service training. Ages - All Welcome!

Pre-registration for this class is desired. In the case of no enrollment, class will be canceled two days prior to the meeting date.

Cost: Free!

Location: Recreation Center Con-

ference Room 2

Instructor: San Bruno Garbage Co. & County of San Mateo Master

Composting Volunteers
Days/Time: Sat., 9:30-11am,

Tues., 7-8:30pm

5205.301 Sat 6/23 5205.302 T 7/24 5205.303 Sat 8/25

Fun Part-Time Jobs (1 Class)

Get paid to sample food, to dine out, for your opinions, to shop, to go bowling, to work out in a gym, to be in a movie or TV, to share your hobby, and many more! No age limit, no education or experience required. Instructor Dan Tilles has done them all and will tell you who hires, how to apply, what they pay and everything else you need to know to make money having fun. Ages 18-over.

Cost: \$24 Resident, \$30 Non-resident Lab Fee: \$1 payable to instructor at class

Location: South San Francisco Municipal Building, 33 Arroyo Dr.

6/15-7/20

7/27-8/31

Instructor: Dan Tilles Day/Time: Mon., 7-9:30pm 5204.301 M 6/18



San Bruno Senior Center 1555 Crystal Springs Road Phone: 616-7150 Fax: 589-8219

Open 8:00am - 4:00pm, Mondays - Fridays



Senior Center Staff

Wendy Mines, Recreation Services Manager Mary Tessier, Recreation Services Supervisor Fred Perez, Building Maintenance Ricardo Dimas-Amaya, Building Maintenance Susan McCaman, Information & Referrals Dorothy Rose, Office Assistant Gloria Deeter, Nutrition Site Manager Ron Miles, Transportation Leo Sands, Transportation

Senior Advisory Board

Dale Sly, Chair

Tony Geraldi Bill Goff

Loretta Groulx Arland Sponsler Dorothy Carmichael, Vice Chair Barbara Luzaich

Daivara Luzaioi

Pick up our monthly calendar "Simple Pleasures" at the reception desk in the Senior Center.

Art & Special Interests, Exercise, Music & Dance

Mondauc	
3-Mile HikeMondays	8:15am
Intermediate Western Line Dancing	
*Ceramics	
*Arm Chair Travel	10:00am
Ballroom Dancing (to live music)	10:45am
Bridge	1:00pm
*Wings Over Italy	1:00 pm
BINGO	1:10 ['] pm
Computer Club	
Gentle Pilates Level 1	3:30 ['] pm
Gentle Pilates Level 2	4:30 pm
	•

——— Tuesdays ——	
Fun & Fitness Exercise	9:00am
Bea/Int Tap Dance	10:00am
Spanish Lessons First Time Tappers	10:00am
First Time Tappers	11:00am
Computer Club	1:00pm
Tai Chi (Beginners)	12:00 pm
Tai Chi (Intermediáte)	1:00 pm
Computer Club Tai Chi (Beginners) Tai Chi (Intermediate) Ballroom Dance Lessons	2:15 ^b pm

Wednesdays ———	
3 Mile Hike Wednesdays	8:15am
Advanced Western Line Dancing	9:00am
Stained Glass	
*Book Club (2nd Wednesday)	10:00am
Ballroom Dance (to live music)	10:45am
Computer Club	1:00pm
*Current Affairs	
Beginning Western Line Dancing	1:00 pm
Intermediate Western Line Dancing	2:00pm
BINGO	1:10 ['] pm

Drop In Activities

Bocce Ball, pool table, & cards, plus monthly Card Tournaments, Monday and Friday afternoon Bridge Club

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Fun & Fitness Exercise	9:00am
Creative Writing	
*Yoga	
*Oil/Acrylic Painting	
Softball	
Ballroom Line Dancing	
Widow & Widowers Support Group	1:00 pm
Widow & Widowers Support Group Pedro (1st & 3rd Thursday Tournament)	12:30 ^b m
Thursday Night BINGO	5:00 bm
0 3	ı

Eridana

Fridays	
3 Mile Hike	
Advanced Tap Dance	
Crafts & Knitting	
Movie (1st Friday) Oldie Movie (2nd Friday)	9:30am
Ping Pong (2nd Friday)	
Computer Club Bridge	1:00pm
Bridae	1:00 nm

*Sponsored by San Mateo Adult Education

Gardening Class.....1:00 pm

Adult Education Programs

All seniors (50+) are invited to participate in all classes. Cosponsored with San Mateo Union High School District

- F						
	<u>Class</u>	<u>Instructor</u>	<u>Day</u>	<u>Times</u>		
	Ceramics	Jeri McGovern	М	9am		
	Armchair Travel	Aldo Pardini	М	10am		
	Wings Over Italy	Aldo Pardini	М	1pm		
	Pilates	Stephanie Funk	M	3:30 & 4:30pm		
	Current Affairs	Jack Mather	W	1-3pm		
	Yoga	Elizabeth Hackett	Th	10-11:30am		
	Painting	Jeri McGovern	Th	12:30-3:30pm		

THERE IS A NOMINAL FEE FOR THE ABOVE CO-SPONSORED PROGRAMS

Lunch & Transportation programs sponsored in part by San Mateo County Area Agency on Aging.

ADULTS 50 +

American Association of Retired Persons (AARP)

Monthly meetings at the San Bruno Senior Center, second Saturday of each month, 9:00am - 12:30pm.

San Bruno Senior Club

The San Bruno Senior Club meets every Thursday at the Recreation Center from 10:00am to 3:00pm. Members bring a bag lunch, play cards, BINGO and may participate in special monthly excursions. Transportation is available to and from the club. Call Arland Sponsler at (650) 583-2000.

High Gas Prices? No Place To Park

Why not try the BUS and leave the driving to us!

Door to Door Service to the Senior Center for San Bruno Residents Phone 616-7150

Computer Club

Membership is open to everyone over 50. We offer classes (including beginners), practice time and coaching. Current information is posted on the Club Bulletin Board in the Center's Conference Room. Questions call (415) 334-3434.

BOCCE BALL FOR PLAYERS 50+ WEATHER PERMITTING

SUMMER LEAGUE

Mondays 6/18-8/27 9am-12noon
Tuesdays 6/12-8/21 Noon-3pm
Pagistration Documents 5/25

Registration Deadline: 5/25

League Fee: \$5 per person non-members
Free for members

Sign up at the San Bruno Senior Center or call Mary Tessier at 616-7152.

Softball League

Team of enthusiastic players (50+) who practice and play softball on Thursday afternoons (usually 12:30-2pm) at Diamond 3 in San Bruno City Park with occasional games at Diamond 2, weather permitting. New players, male and female, encouraged to join us for some fun and exercise.

League Fee: \$10 per person For more information call Mary Tessier at 650-616-7152.

2007 Summer Horseshoe League

League Begins June 20

Registration Deadline May 25 League plays Wednesdays from 10am - Noon at Beckner Shelter in San Bruno City Park.

Two Person Teams

League Fee: \$2 for non-members Free for members For more information, call Mary Tessier at 650-616-7152.

SOCIAL SERVICE HOTLINE - 1-800-675-TIES (8437)

ADULTS 50 +

Enhancing Nutrition with Eating Healthy 9:30-11am - 2nd Tuesday of each Month

Join the San Bruno Senior Center for an exciting new monthly service. Each month, a licensed dietician will visit the Senior Center to enhance your nutrition and bring with her low sodium food for you to taste.

AARP Driver Safety Program (Formerly "55 Alive")

8:30am-12:30pm

AARP & San Bruno Senior Center sponsors a refresher-driving course for adults 50 and over. The cost is \$10 for two 4-hour sessions. Call the Senior Center to register.

Blood Pressure Checks

Come have your blood pressure and glucose screened the second Tuesday and last Friday of each month from 9:30-11am. There is no charge for this service. This program is sponsored by Senior Focus, Mills-Peninsula Health Services and San Mateo County Aging & Adult Services.

Health Insurance Counseling and Adovacy Program (Hicap)

Call 1-800-434-0222 to speak to our volunteer health insurance counselor who is available for Tuesday appointments. She will help answer your questions about medicare and health insurance issues including HMO's and Long Term Care.

Social Services

Susan McCaman at (650) 616-7155 is available to assist and answer questions pertaining to senior health care, transportation, employment, respite care, tax assistance, social security insurance, home delivered meals, housing, and more. If you are homebound or know of someone who can use assistance or support, call Susan. There is no charge for this valuable service for San Bruno residents, but donations are accepted.

Minor Home Repair Program for Senior Homeowners

If you have problems with:
Screen Doors Broken Windows
PG&E Weather Stripping
Minor Plumbing Repairs

Call: Neighborhood Services of Northern San Mateo County to see if you qualify for assistance. 650-583-3373

Help at Home: A Guide to Assist San Mateo County Residents to Remain at Home

The Help at Home guide is a mini-reference guide designed to assist San Mateo County adults of all incomes to remain in their homes when they are ill, disabled, or in crisis. The guide includes listings for Aging & Adult Services of San Mateo County, adult day care centers, grocery and meal delivery services, dining centers, home care services, home health agencies, medical insurance assistance, loan closets, medical equipment, support groups, transportation, and more.

Help at Home is published by the San Mateo County Commission on Aging and the Peninsula Library System and contains no advertisements. Spanish and Chinese versions will be available and an online version can be accessed at http://cip.plsinfo.org/hah.htm. To obtain a free copy of the 2006-2007 booklet, please call the Peninsula Library System Community Information Program at 650-595-7950, or call Susan McCaman at the San Bruno Senior Center at 650-616-7155.

ADULTS 50 + **LUNCH IS SERVED!**

Pick up your copy of "Simple Pleasures" at the Senior Center Reception Desk and check out our daily lunch menu! Our talented chefs prepare food onsite and work with restaurants or other providers to provide you with delicious meals that you can enjoy with your friends on the deck overlooking Junipero Serra Park or in our beautiful dining room. If you're at least 60 years old (and registered), the requested donation for each meal is only \$2.75*. Registration is easy. Just stop by and we'll show you how. If you're younger than 60, the cost for each meal is *Co-sponsored by San Mateo County Area Agency on Aging

Fun Events at San Bruno Senior Center

May 25 Happy Hour Party & Silent Auction June 15 Father's Day Party Independence Day Party August 24 Happy Hour **August 27-31** Sports Week August 31

End of Summer Party

"Freddie's Cafe"

Monday - Friday 8:00am-4:00pm Now serving Espressos, Lattes, Mochas, Cappuccinos, Speciality Drinks, Chai Tea, Hot Chocolate, Tea, Hot Apple Cider, Italian Sodas, and Sandwiches! Don't miss "Waffle Wednesdays" 8:30-10:30am OPEN TO THE PUBLIC!

Your 2007 Application for Voluntary Membership for the San Bruno Senior Center is waiting for you at the Reception Desk at the Senior Center.

Annual Membership fee is \$15 per year for San Bruno Residents, \$20 for non-residents. Any additional donation is tax deductible and supports the non-profit Information/Referral, transportation, and Lunch Programs.

The benefits package includes: One Lunch Ticket valid on a Tuesday One Free Happy Hour One Free Biscotti or Pastry at Coffee Bar Waive Senior Center League participation fees for Bocce, Horseshoes and Softball Free use of the Billiards Table at the Senior Center Personalized Membership Identification Card Plus the satisfaction of supporting your San Bruno Senior Center

Pancake Breakfast

3rd Friday of Every Month 8:30-10am \$1 for two pancakes, juice, coffee and fruit!

Salad Bar

Monday - Friday 11:00am - 12:15pm \$3.00 Donation

For people 60+ and registered for the Senior Center Lunch Program

ADULTS 50 + EVENTS

Overnight Casino Trips

Reno - Sands
Sunday & Monday
May 27 & 28
July 29 & 30
\$65 Double Occupancy.
Cal Neva, Nugget & Boomtown.
Includes free buffet at Boomtown.
Contact Barbara Luzaich - 583-6745

August Summer Fun

August 27-31, 2007

A week of sports & recreational activities for adults 50-over.

Mon., 8/27: 1-3pm Table Tennis Tues., 8/28: 8:15amWater Aerobics

1pm Hike at Land's End

plus surprise stop (\$5)

Wed., 8/29: 9:30am Horseshoes

1pm Billiard Tournament

Thurs., 8/30: Softball Game & Picnic (\$5) Fri., 8/31: Party with California Cowboys

> Lunch, Music & Dancing \$7.50 Advance, \$10 Door

Most events are free. Some trophies & medals will be awarded. For more information or to register for an event, contact Mary at 650-616-7152.

San Bruno Senior Center Non-Profit Nutrition Program Sponsors

Thursday Night BINGO

Open to the Public Maximum payouts Doors open at 5:00pm Games begin at 6:45pm 4 Early Birds; 17 regular games and much, much more!

INDIAN CASINO DAY TRIPS

Cache Creek - \$30 (8:45am)
Friday, June 15
Gold Country, Oroville - \$20
Wednesday, July 11
Thunder Valley - \$30
Wednesday, August 15

Depart San Bruno at 8am and travel to an Indian Casino where you will enjoy casino action.

Cache Creek: \$5 match play, \$5 table games & \$2 food coupon Thunder Valley: \$15 match play, \$5 food credit Gold County: \$10 cash coupon

Thoroughly Modern Millie Sunday, August 5 \$76 per person

The San Bruno Seniors are off to enjoy Pleasanton Playhouse's production of Thoroughly Modern Millie, a high-spirited musical romp that has all of New York dancing the Charleston. It's the zany new 1920's musical that has taken Broadway by storm! Taking place in New York City in 1922, this is the story of young Millie Dillmount, who has just moved to the city in search of a new life for herself. Before the show, enjoy a hosted lunch at Dino's Restaurant.

Sunday Dances

1st Sunday of the Month

Line Dance 1:00-4:00pm, \$5 seniors (50+) only. Refreshments, lessons and dancing!

3rd Sunday Dances

Come and dance the afternoon away with the Harold Karr Trio. Your hosts: Raoul Epling & Akira Tsunoda 1:00-3:00pm, \$3 per person

Sunday Drop-In Dance

Last Sunday of each month.
Live music with the Harold Karr Trio.
Your host: Raoul Epling & Akira Tsunoda
1:00-3:00pm, \$3 per person

FOR FURTHER INFORMATION ON ALL TRIPS, CALL THE SAN BRUNO SENIOR CENTER AT (650) 616-7153.

COMMUNITY GROUPS

Community Clubs & Organizations

BOY SCOUTS OF AMERICA

Contact Council Headquarters at 341-5633

CAPUCHINO COMMUNITY THEATER

Contact Jean Murgo at 871-SING Volunteers Needed!

FAMILY SERVICE AGENCY CHILD DEVELOPMENT CENTER CONTACT 692-0555

FRIENDS OF THE SAN BRUNO PUBLIC LIBRARY Contact Karen Mayers, President, 952-2035

GIRL Scouts of America Contact 1-800-447-4475

BLOOD CENTERS OF THE PACIFIC CONTACT 369-8211

SAN BRUNO 4H CLUB

Farm Phone Number 588-9549 Contact Melinda Buchan at 583-6754 or Jane Stahl at 583-7249

SAN BRUNO AARP

Contact Bill Goff at 583-4499

SAN BRUNO AMERICAN LEGION

Contact Bill Polson at 583-3232

SAN BRUNO CHAMBER OF COMMERCE

Contact Christine Folan at 588-0180

SAN BRUNO COMMUNITY GARDENS

Contact Helen Kiefer at 871-1958 Plots are \$45 per year. Garden is located at the south end of First Avenue near Lions Field.

SAN BRUNO LIONS CLUB

Contact Harry Costa at 871-9425 Posy Parade - 1st Sunday in June!

SAN BRUNO MOTHERS CLUB

Contact 286-7591

General meetings held 3rd Tuesday at San Bruno Recreation Center Conference Room website: www.sanbrunomothersclub.com

SAN BRUNO POLICE RESERVES

Contact Sergeant Matt Campi at 616-7107 mcampi@ci.sanbruno.ca.us

SAN BRUNO ROTARY

Contact Meg Finones, President, at 952-2877 P.O. Box 651, San Bruno, CA 94066 www.rotary.sanbruno.org

SAN BRUNO SENIOR CLUB

Contact Arland Sponsler, President, at 583-2000

VFW Post 2517

Contact Commander Robert Sneathen III at 952-5348

Sports Contacts

Note: Playing seasons and some sign-up dates are listed. For further information, call the contact.

Baseball

Junior Giants (7-12 yrs) - Lorry Greenberg873-0856
League: July-August, Sign-ups 1 st & 3 rd Sun. in May
Peewee League (8-10 yrs) - Ray Scarabosio952-5588
League March-June, Sign-ups 2 nd & 3 rd Sat. in January
Fall Baseball (10-14 yrs) - Jim Thiel589-4432
League: August-November, Sign-ups June 9 & 16
Bronco Division (11-12 yrs) - John Seevers742-0220
League: Mid February-June, Sign-ups end of January
Pony Division (13-14 yrs) - Jim Thiel589-4432
League: Mid February-June, Sign-ups end of January
Colt League (15-16 yrs) - Scott Zayac588-1142
Jeff Smiley872-6694
League: Mid May-Mid July, sign-ups last two Sat. in Feb.
DiMaggio Team (16-18 yrs) - (Summer)
Tom Lara589-4430
Bob Nolan952-6833
League: End of May-Mid August, sign-ups in February
DiMaggio Team (Winter) - Tom Lara589-4430
or Bob Nolan952-6833
League: September-November, sign-ups in August
American Legion (Summer & Fall) - Lynn Berliner873-0918
League: End of May- Mid August & September-Mid November,
sign-ups end of February
1

Softball

<u> </u>
Girls Minor League (6-13 yrs) - Bill Bishop872-3291
League: Mid February-Mid May, sign-ups Mid October
Girls Major League (13-18 yrs) - Bill Bishop872-3291
League: End of May - Mid July, sign-ups late March
Women's League - Danielle Brewer616-7182
League: July - October
Men's League & Coed League - Danielle Brewer616-7182
League: Spring: April-June, Summer: July-September
50+ Daytime League - Mary Tessier616-7152

Football
West Bay Rams
Football & Cheerleaders - Tony Dowler271-RAMS
Mens Flag Football League - Danielle Brewer616-7182
Soccer
A.Y.S.O. (4-18 years) - Bob Luttrell873-2976
League: Year-Round
Royal Highlanders United F.C. (14-18 yrs)
Thom Brock, Sr692-8005
League: Year Round
Lowen Soccer Club (6-19 yrs) - Vic Montoya871-8166
League: Year Round
Pagas Pall

Bocce Ball

Spring, Summer & Fall - Mary Tessier......616-7152

SAN BRUNO RECREATION SERVICES

HEALTH INFORMATION FORM

(MUST BE RETURNED WITH CAMP KALEIDOSCOPE, MINI KALEIDOSCOPE AND ADVENTURE CAMP REGISTRATION AND TO ATTEND THE SUMMER PLAYGROUND PROGRAM)

PARTICIPANT'S NAME:		SEX:	AGE:			
ADDRESS:		BIRTH DATE:				
PARENT OR LEGAL GUARDIAN:_			PHONE:			
-			PHONE: _			
IF PARENT IS NOT AVAILABLE IN	I AN EMERGENCY, NOTI	FY:				
NAME:	ME: PHONE:		RELATION	:		
NAME:	PHONE:		RELATION	:		
HEALTH HISTORY:						
FOOD ALLERGIES:		_ SYMPTOMS:_				
INSECT ALLERGIES:		_ SYMPTOMS:_				
ASTHMA HISTORY:		_ SYMPTOMS:_				
DIABETES:		SYMPTOMS:_				
SEIZURE HISTORY:		SYMPTOMS:				
MEDICATIONS:						
Any other operations, serious inj	iuries, chronic or recurri	ng illnesses we s	hould be awa	are of:		
A.,	l					
Any specific activities to be rest	rictea:					
IMPORTANT: PLEASE NO HAS BEEN EXPOSED TO PRIOR TO ATTEND		BLE DISEASE	DURING	THE 3 WEEKS		
Parents' Authorization: This health hist all prescribed activities, except as note	cory is correct so far as I know					
In the event I cannot be reached in an EN recreation leader to hospitalize, secur above.	MERGENCY, I hereby give perm e proper treatment for, and	nission to physician s to order injection an	selected by par nesthesia or si	ent or legal guardian or the urgery for my child, named		
Parent/Guardian Signature		-	 Date			

REGISTRATION INFORMATION

Mail-in, drop-off & fax registration begins immediately. Walk-in registration begins Wednesday, May 23

Four Easy Ways To Register:

1 Mail-In

Mail completed form, payment, and health form if appropriate, in a sealed envelope to:

San Bruno Parks & Recreation Services 567 El Camino Real San Bruno, CA 94066 Attn: Class Registration



2 Drop-Off

Place completed form and payment in a sealed envelope in the "Registration Drop Box" at the Recreation Center, Monday - Thursday 8:30am-8:30pm, Friday 8:30am-4:30pm, and Saturday & Sunday, 9:30am-12:30pm.



3 Fax-In (650) 583-2545

Fax registrations will be accepted if you plan to pay by VISA or MasterCard. Please write clearly. Fax registration will be compiled with that day's mail.



4 Walk-In Starting May 23

Monday-Thursday, 8:30am-8:30pm, Friday, 8:30-4:30pm and Saturday & Sunday, 9:30am-12:30pm. Bring completed form to the Recreation Center in San Bruno City Park, 251 City Park Way.

Registration Information

- There will be a \$25 fee for each returned check; payment must be made by money order or cash.
- Resident Fee applies to anyone living within the San Bruno City limits, all others must pay non-resident fee.
- For classes located on school grounds, use of tobacco products is prohibited.
- For hearing impaired persons, call California Relay Services at 1-800-735-0373 (Voice) or 1-800-735-0193 (TTY).
- Make checks payable to San Bruno Recreation. (Please write your California Driver's License number on all checks)
- A registration confirmation will be mailed to you.
- DO NOT mail cash.
- Visa/MasterCard payment is available. Accurately complete the designated box on the registration form.

Refund Policy

Full refunds will be issued only upon the Department's cancellation of a class or activity. Please allow 3 weeks for refunds to be processed. If you choose to withdraw from a class at least 3 working days prior to the first class meeting, you will receive a refund for the amount of the class, less a \$5.00 service charge per activity. If you choose to withdraw from a class less than 3 working days prior to the first class meeting, you may not receive a refund for that class. All refund requests will be taken on a case-by-case basis.

Registration Form

Please fill out the form below and mail with your payment to:

San Bruno Parks & Recreation Services Department

MAILING ADDRESS: 567 El Camino Real San Bruno, CA 94066

Payer

5an Bruno, CA 94066 650-616-7180 (phone) 650-583-2545 (fax)

(First Name)

n Services Department
PHYSICAL ADDRESS: 251 City Park Way
San Bruno, CA 94066

(Middle Initial)

A				(City)			(Zip)	
Participant's Full Name Frome Frone:	Grade	Sex M/F	Birthdate (all participants)	Code Number 1 st Choice York Fnone:		ode Number 2 nd Choice	Activity Name	Program Fee nprgency:(
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	For a	all ma	ail, drop off	and fax reai	stra	ations ad	dd Processing Fee	\$1.00
☐ Yes, I have added			•	_				
Liability Release: In	conside	ration	of my applicat	tion for the abo	ove		You can even use your	credit card!
	activity, I hereby waive, release, and discharge any and all claims for							
damage for death, personal injury or property damage, which I may have, or which may hereafter occur to me, as the result of partici-								
pation in said event or activity. This release is intended to discharge in advance the City of San Bruno, its officers, employees, agents or					Signature			
volunteers from liability, even though that liability may arise out of					Card Number			
negligence or carelessness on the part of persons or entities listed above. It is understood that some recreational activities involve an								
element of risk or danger of accidents, and knowing these risks, l					Exp. Date I authorize the above charges.			
hereby assume those risks. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on				Cardholder's Name (Printed)				
my heirs and assigns Signature	ò.			Date				
Parental Consent: (1	To be co	mplete	ed if applicant		 ars c	rt aae): I ai	ve my consent for m	I V 50N/
daughter liability release on his		Т.	to p	articipate in t	he at	ove activit	by and I execute the	above
liability release on his	/her bel ease for	ıalf. Ro m. an	ead Before Sig d parental con	ning: I have rea sent form and	id an Laar	d understo ee to all th	ood the foregoing req eir terms and condi	gistra- tions

Name:

(Last Name)

Clean Sweep Flea Market



Sunday, July 29 (code 5553.301)

Sunday, September 9 (code 5553.302)

9:00 am - 4:00 pm in San Bruno City Park

Here is a chance for families to rent a 10' \times 10' space in San Bruno City Park to sell furniture, records, clothing, sporting goods, and more. The cost is \$38 Residents, \$48 Non-residents per day (includes space and publicity).

The San Bruno Parks and Recreation Services Department reserves the right to refuse any item offered for sale. All unsold goods must be removed by the seller no later than 5pm.

For additional information, contact Dee at 650-616-7183.

To reserve your space, return registration form (page 43) and payment to:
Flea Market
San Bruno Parks and Recreation Services Department
567 El Camino Real
San Bruno. CA 94066

San Bruno
Parks and Recreation Services Department
567 El Camino Real
San Bruno, CA 94066

PRSRT STD U.S. Postage Paid Permit #84 San Bruno, CA

E.C.R.W.S.S.

Residential Customer San Bruno, CA 94066